

Library Information Service

Lancashire and South Cumbria NHS FT

Library News June 2022

Welcome to Pride month. This month we will be celebrating everyone for who they are. We would love to see how you all celebrate at different Pride events so tag us on twitter <u>@LscftL</u> to show us what you get up to. During BNF's Healthy Eating Week (13th to 17th June) we will be sharing some new recipes you can try at home; keep your eyes peeled on the blog and twitter for updates. We will also be encouraging all men to seek professional advice for health related problems during Men's Health Week (13-19th). This is led by the Men's Health Forum to raise awareness of preventable health issues. Take a look at <u>their website</u> for more information.

Some other dates for your diary this month: **Learning Disability Week (20-26th June)** Raising awareness about the issues that are important to people with a learning disability and their families and carers.



RESOURCE OF THE MONTH THE KING'S FUND

The King's Fund is an independent charitable organisation working to improve health and care in England. Their vision is that the best possible health and care is available to all.

The King's Fund provides a range of consultancy and advisory services which bring together a deep understanding of the health and care system, policy expertise and experience of supporting and developing leaders and organisations.

The library regularly shares reports, blog posts and other information from **The King's Fund** on the **library blog** and on our **Twitter** page.

To get the latest news from *The King's Fund* straight to your inbox subscribe to their email newsletters and health care information bulletins <u>here</u>.



New 2022 Quick Read titles added to stock this month:



Visit the library catalogue for full list

For any more information, support or queries regarding any resources in this newsletter please email:

Academic.library@lscft.nhs.uk

Did you know...?

we have a Prayer Room?

There is a dedicated prayer room available in the library at the Lantern Centre during opening hours. A prayer mat with compass and jugs for your ablutions are also available from main Reception.

Please email the library team for more information:

academic.library@lscft.nhs.uk

Lunch and Learn

Thanks to all who attended our May session about the Wellbeing Hub and Recovery College. Please leave us any feedback by completing our short survey.

If you missed it, catch up on the session here: <u>Library</u> Lunch and Learn - May 2022-20220518 120334-Meeting Record-

SHARING KNOWLEDGE LUNCH AND LEARN WITH DAVE CLAYTON

Wednesday 6th July 12pm- 1pm



A session around
'Wot Wud U do'
resources - helping
to improve the
mental health of
children and young
people

WHO?

Dave Clayton is the founder and Director of 'Wot Wud U Do' - a virtual platform to educate children and young people about mental health issues.

WHAT?

Dave will explain his resources with a particluar focus on sharing their evidenced based program that tackles and changes attitudes and behaviours when it comes to violence against women and girls, domestic abuse and relationships on a whole. Take a look at the website for more information:

<u>Education through Engagement | Wot Wud U Do</u>

HOW?

All library members will receive a Teams invite to attend the session. Email katie.roper@lscft.nhs.uk if you would like a Teams invite to be extended to you, your colleagues or your department.

Opening Hours:

8:30am -4:30pm Monday to Friday

The Gosall Library | Lantern Centre | Vicarage Lane | Preston | PR2 8DW