

\*\*\*Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.\*\*\*

## Systematic Reviews

[Parental death by suicide is associated with an increased risk of suicidal behaviour in offspring](#)

Aggelos Stamos looks at a recent systematic review and meta-analysis on offspring's risk for suicidal behaviour in relation to parental death by suicide.

[A systematic review and mixed-methods synthesis of the experiences, perceptions and attitudes of prison staff regarding adult prisoners who self-harm](#)

There are mixed attitudes and perceptions toward self-harm among prison staff. Further training, support and resources are required to protect staff's well-being and improve self-harm prevention and management in prisons.

## Randomised Controlled Trials

[Effectiveness of a resilience-targeted intervention based on "I have, I am, I can" strategy on nursing home older adults' suicidal ideation: a randomized controlled trial](#)

The findings support the benefits of resilience training based on the "I have, I am, and I can" strategy in reducing suicidal ideation and suicide-related symptoms in nursing home older adults, and provide insight into possible mechanisms.

[The effect of a therapeutic smartphone application on suicidal ideation in young adults: Findings from a randomized controlled trial in Australia](#)

LifeBuoy was associated with superior improvements in suicidal ideation severity, but not secondary mental health outcomes, compared to the control application, LifeBuoy-C. Digital therapeutics may need to be purposefully designed to target a specific health outcome to have efficacy.

## Study

[The temporal relationships between defeat, entrapment and suicidal ideation: ecological momentary assessment study](#)

Although entrapment is key in the pathways leading to suicidal ideation over time periods of months, our results suggest that entrapment may also account for the emergence of suicidal thoughts across time periods spanning a few hours.



## Statistics

[Estimating suicide among higher education students, England and Wales: Experimental Statistics](#)

Estimates of suicides among higher education students by sex, age and ethnicity between the academic year ending 2017 and the academic year ending 2020. Based on mortality records linked to Higher Education Statistics Agency (HESA) student records, Experimental Statistics. [Dataset](#)

## Report

[State of the nation - crisis services in England](#)

Exploring the provision of crisis services in England in a new report which looks at:

- mental health crisis
- national policies in place
- services available and extent in which they are functioning, including data reporting and practices in place.

## Conference Recordings

[NCISH Conference recordings](#)

The recordings from the 8th NCISH conference in May 2022 are now available.

## News

[Samaritans Ireland put callers and volunteers at heart of new five-year plan](#)

Samaritans Ireland has launched a new five-year national plan which aims to ensure fewer lives are lost to suicide across the island of Ireland.