



Community and Mental Health Services

12 July 2022

# **Studies**

#### Thyroid problems in later life linked to increased risk of dementia

Researchers from the US and Taiwan have found a link between having an underactive thyroid in later life and an increased risk of developing dementia.

#### Menopause linked to increased blood vessel damage in the brain

Researchers have published findings suggesting women who have experienced menopause may have more small brain lesions compared to premenopausal women or men of the same age.

#### Computer approach with brain scan helps predict Alzheimer's disease

Researchers from the UK have accurately predicted Alzheimer's disease using a computerised approach coupled with MRI brain scans. Full article

#### Vitamin D Deficiency May Increase Risk of Dementia

Vitamin D deficiency may be associated with an increased risk of dementia. That's according to researchers from the University of South Australia who say they have <u>found</u> that a low level of vitamin D is associated with an increased risk of both dementia and stroke.

# **Cochrane Review**

<u>Clinical judgement by primary care physicians for the diagnosis of all-cause dementia or cognitive impairment in symptomatic people</u>

Objectives: To determine the diagnostic accuracy of GPs' clinical judgement for diagnosing cognitive impairment and dementia in symptomatic people presenting to primary care. To investigate the heterogeneity of test accuracy in the included studies.

# Legislation

#### Draft Mental Health Bill 2022

The government is publishing a draft Mental Health Bill for pre-legislative scrutiny, to modernise the Mental Health Act for the 21st century.

## Changes to the MCA Code of Practice and implementation of the LPS

This consultation seeks views on proposed changes to the Mental Capacity Act 2005 Code of Practice and implementation of the Liberty Protection Safeguards. The closing date has been extended to 14 July. <u>Easy read version</u>

## **Themed Review**

## Continence, dementia, and care that preserves dignity

People living with dementia often have problems going to the toilet (continence problems) which can have a profound impact on their lives and on their carers'. There is a misconception that nothing can be done if a person living with dementia experiences episodes of incontinence of urine or faeces or both. In fact, continence can be promoted through activities and care practices, including a balanced diet, exercise, and a clear routine.







Community and Mental Health Services

12 July 2022

# **Toolkit**

## ADAPT: South Asian Dementia Pathway - An online toolkit of enhanced interventions

Roughly 25,000 people from ethnic minority communities live with dementia in the UK. The largest single grouping are people whose origins are South Asian countries. People from these communities are at greater risk of developing dementia. However, they are less likely to access support at all points of the dementia care pathway, so are more likely to seek help in a crisis or at a later stage in the condition.

# Report

#### Unmet support needs after a dementia diagnosis

Alzheimer's Society has published a new report saying medical, emotional and wellbeing needs are not being met in a consistent and timely way following a dementia diagnosis. Left to Cope Alone: The unmet support needs after a dementia diagnosis says this failure is having a 'direct and negative impact' on the health and quality of life of people affected by dementia. It also has a direct impact on the wider health and care system as it puts people at greater risk of crisis.

## **Statistics**

# One in five people who died from COVID-19 during 2020 and 2021 had dementia, new figures confirm

Alzheimer's Research UK says Government must take greater action to speed up the development of new dementia treatments after it's been revealed that just over one in five individuals who died of COVID-19 across 2020 and 2021 were living with dementia.

# **Blogs**

#### Partnership addresses Alzheimer's challenges in LGBTQ community

The LGBTQ community faces unique challenges related to Alzheimer's and all other dementia, including access to inclusive health care providers, fewer adult children to call upon for assistance, stigma, and higher rates of poverty and social isolation. On our blog, Dan Stewart of the Human Rights Campaign (HRC) Foundation talks about the HRC's partnership with the Alzheimer's Association, which aims to provide the LGBTQ community with Alzheimer's information and resources.

## Dementia care in Gypsy, Roma and Travelling Communities

Admiral Nurse Cheryl Scarrott discusses the health experiences of families living with dementia in Gypsy, Roma and Travelling communities.

#### Seven things you should know about dementia - according to people living with it

Seven people with dementia share the things they think everyone should know about the condition.

## What do families need to be mindful of when going through social care assessments?

Dementia UK have put together steps that you can take to get the most out of the main assessments.