



\*\*\*Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.\*\*\*

## Systematic Reviews

[Minority stress and suicide in transgender and gender non-conforming individuals](#)

Explores a recent systematic review focusing on the link between minority stress and suicidal ideation and behaviour amongst transgender and gender non-conforming people.

## Randomised Controlled Trial

[Low intensity treatments for self-harm or suicidal behaviour: what's the harm in trying?](#)

Appraises a randomised controlled trial on the effect of low-intensity treatments for self-harm among people with suicidal ideation, which has some important findings.

## Studies

[Sex-specific factors associated with lifetime suicide attempt among patients with alcohol use disorders](#)

Our results indicate that suicide attempts in female AUD patients were more mental-health-related, whereas those in males were also related to the severity of AUD. This suggests that a suicide prevention programme for AUD patients would benefit from a sex-based understanding of the risk factors.

[New research suggests that youth suicide attempts can result in later-life economic and social disadvantages](#)

Summarises a recent population-based cohort study investigating the long-term economic and social outcomes of youth suicide attempts.

## Report

[No One Left Behind: Making levelling up deliver for people with mental health problems](#)

This report reveals the considerable economic gap between people with and without a mental health problem, and the extent to which this varies across the UK. It shows that the inequalities people with mental health problems face are largely driven by difficulties accessing jobs and services, and the cost of living in many parts of the UK.

## Seminar

[Preventing suicide and self-harm: a global challenge too far? #LancetSuicideSeminar - YouTube](#)

Suicide and self-harm are intensely individual experiences but ones which occur in a global context. Is prevention at scale even possible?

perfect care  
**Suicide prevention**  
crisis research risk self-harm  
assessment resources

study  
information



**NHS**

**Mersey Care**  
NHS Foundation Trust

Community and Mental Health Services

20 July 2022

## Legislation

[Draft Mental Health Bill 2022](#)

The government is publishing a draft Mental Health Bill for pre-legislative scrutiny, to modernise the Mental Health Act for the 21st century.

## Speech

[Former Health and Social Care Secretary of State speech on suicide prevention](#)

The former Health and Social Care Secretary set out actions being taken to prevent suicides in a speech at suicide prevention charity Papyrus's headquarters in London.

## Survey

[Help-Seeking After Self-Harm in Adolescent Students](#)

A recent survey found that young people who self-harm primarily turn to friends (one in three) and parents (one in four) for support. Formal sources of support, such as Child and Adolescent Mental Health services (CAMHS), psychologists, psychiatrists, or GPs, and online or phone-based services, were accessed by considerably fewer young people.

## News

["Hope saved my life": How the Hope project helped men at risk of suicide](#)

A project to help men aged 30-64 who are at risk of suicide has saved lives and reduced depression and suicidal thoughts, a study by National Institute for Health and Care Research (NIHR) funded researchers at the University of Bristol has shown. Hope, run by mental health charity Second Step, aims to help men in mental health crisis because of debt, financial, employment or welfare difficulties.

[Trial of new treatment to prevent prisoner suicide launches](#)

A new talking therapy for men in prison who struggle with suicidal thoughts and feelings is being launched in the UK. The team of clinicians, academics, researchers, service users and carers will study the effects of Cognitive Behavioural Suicide Prevention therapy within prisons.

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