

Guidance

[Urinary tract infection in under 16s: diagnosis and management: NICE guideline](#)

This guideline covers diagnosing and managing first or recurrent upper or lower urinary tract infection (UTI) in babies, children and young people under 16. It aims to achieve more consistent clinical practice, based on accurate diagnosis and effective management. It does not cover babies, children and young people with urinary catheters in situ, neurogenic bladders, significant pre-existing urinary tract disorders (uropathies), underlying renal disease or immunosuppression, or recurrent UTI in sexually active girls and young women under 16. It also does not cover babies, children and young people in intensive care units.

[Quality Standard](#)

[Eyes Right. Helping non-ophthalmic health care professionals deliver quality care safely](#)

This updated guide highlights the importance of eye care, the role and responsibilities of the carer in delivering care and accessing the right care at the right time. It has been developed for all non-ophthalmic nursing staff in adult care settings, ranging from non-ophthalmic hospital settings to residential and nursing homes.

Consultations

[Open consultation: Down Syndrome Act 2022 guidance: call for evidence](#)

We want your views on what should be included within the Down Syndrome Act statutory guidance. This consultation closes at 11:45pm on 8 November 2022.

[Feeding young children aged 1 to 5 years: draft SACN report](#)

We are seeking scientific comments on SACN's draft report 'Feeding young children aged 1 to 5 years'. This consultation closes at 5pm on 16 September 2022.

Strategy

[Women's Health Strategy for England](#)

Details the government's 10-year ambitions and the actions we are taking now to improve the health and wellbeing of women and girls in England.

Framework

[Better Care Fund framework 2022-23 published](#)

The Better Care Fund policy framework for 2022-23 has been published to better join up health and social care for people who need it most.

Health Collection

[Diabetes: putting people at the heart of services](#)

Diabetes is a serious, life-changing condition in which people have too much sugar in their blood. Long-term complications may include sight loss, kidney disease, amputations, heart disease and stroke. Type 1 diabetes cannot be prevented but type 2 diabetes often can: a healthy weight and lifestyle greatly reduce a person's risk.

Statistics

[Decrease in obesity among primary-aged children in 2021/22, latest statistics show](#)

Obesity rates in primary school children dropped in 2021/22 after reaching highest recorded levels the previous academic year, new provisional figures from NHS Digital show. Statistics published today show obesity prevalence among four and five-year-olds in reception classes decreased from 14.4% in 2020/21 to 10.4% in 2021/22.

Blog Posts

[Obesity, deprivation and Covid-19: why rowing back on the obesity strategy could prove to be a costly error](#)

In June 2020, the government began its 'war on obesity' with the publication of its obesity strategy, spurred into action by data linking obesity with increased risk of severe disease from Covid-19. However, despite the strategy, our analysis of new data showed that in 2020 (the first year of the Covid-19 pandemic) obesity rates climbed across England and inequalities in obesity prevalence between the least- and most-deprived areas widened.

[What can the COVID-19 response tell us about public health interventions and inequalities? Three reflections from Newham](#)

2.5 years after the pandemic began, the darkest days of lockdown are in our ever-distant memory. The COVID-19 crisis has slid without joyous closure into the next crises of Ukraine and cost of living (with planetary health still struggling for planetary bandwidth). Yet following a period of frenetic and all-consuming public health activity, surely there are vital lessons we need to take from the journey we've been on?

[Helping our patients build back stronger – 'Stronger My Way'](#)

Loss of muscle strength is one of the hidden impacts of the pandemic, albeit one that might well be noticed if you work in primary care. Decreased activity levels, and increased sedentary behaviours caused by successive lockdowns, with working from home and the loss of everyday opportunities to strengthen, such as carrying the shopping home, all contributed. For people living with a long-term condition, there has also been the difficulty in accessing health services, such as community rehabilitation, that previously enabled them to ward off deconditioning.

[Managing Heart Failure @home: An opportunity for excellence](#)

Following a successful launch event for professionals on the 18 July, National Clinical Director Nick Linker outlines an innovative approach supporting people to manage heart failure at home, using remote monitoring and self-management tools.

Publication

[What is a population health approach?](#)

In recent years, the concept of 'population health' has come to greater prominence. In this explainer, we set out what the term means and look at what is involved in improving population health.

Report

[System on a cliff edge: addressing challenges in social care capacity](#)

Government urged to take action on the social care workforce crisis or risk putting the care and safety of patients in the NHS in jeopardy.

[Trans Healthcare Report](#)

This is one of three Community Engagement reports from the TRANSforming Futures partnership. Drawing on a survey, workshops and contributions from health and community experts, the research details trans participant's experiences of problems in healthcare and highlights participants' proposed solutions to some of these problems. This is qualitative research led by, and focused on, a diverse range of trans people in England.

News

[Parents urged to help their kids get active over the summer holidays with the 10 Minute Shake Up](#)

Disney-inspired campaign relaunched to help kids get one hour of physical activity every day over the summer holidays.

[Offering patients access to their future health information](#)

A letter to general practice staff from Dr Ursula Montgomery, Interim Director of Primary Care and Dr Nikita Kanani MBE, Medical Director for Primary Care.

[NHS sets out long COVID action plan for thousands of people with persistent symptom](#)

Patients with long-lasting symptoms from COVID will have access to more convenient tests and checks closer to home, under new NHS measures announced today.

[CQC finds improvements are needed to reduce pressure on urgent and emergency care in Cheshire and Merseyside](#)

The Care Quality Commission (CQC) has found improvements are needed to ease extreme pressure on urgent and emergency care services across Cheshire and Merseyside, which includes Liverpool, Knowsley, South Sefton and St Helens. This follows a series of coordinated inspections which took place throughout March and April, across the Cheshire and Merseyside integrated care system.