

elderly vascular geriatrics
Alzheimer's environment
cognition early onset lewy bodies support
fronto-temporal dementia
research memory old age



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23 August 2022

Cochrane Review

[Interventions for preventing and reducing the use of physical restraints of older people in general hospital settings](#)

We are uncertain whether organisational interventions aimed at implementing a least-restraint policy can reduce physical restraints in general hospital settings. The use of pressure sensor alarms in beds or chairs for people with an increased fall risk has probably little to no effect on the use of physical restraints. Because of the small number of studies and the study limitations, the results should be interpreted with caution. Further research on effective strategies to implement a least-restraint policy and to overcome barriers to physical restraint reduction in general hospital settings is needed.

Studies

[Covid linked to longer-term elevated risk of brain fog and dementia](#)

Millions of people who have had Covid-19 still face a higher risk of neurological and psychiatric conditions, including brain fog, dementia and psychosis, two years after their illness, compared with those who have had other respiratory infections, according to the single largest [study](#) of its kind.

[Physical activity including household chores and DIY linked to lower dementia risk](#)

Researchers in China have found that vigorous physical activity, whether for leisure, work or through household chores is associated with a reduced risk of developing dementia. The scientific journal Neurology published the [findings](#).

Report

[Sport, brain injury and dementia](#)

A [new report](#) launched today from Alzheimer's Research UK and The Health Policy Partnership, supported by leading UK sporting bodies including the [FA](#), and [RFU](#) and dementia experts, outlines four research priorities to help address knowledge gaps surrounding the links between sport, physical activity and long-term brain injury.

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Conference Highlights

[Highlights from Alzheimer's Association International Conference \(AAIC\) 2022](#)

New research reported at the Alzheimer's Association International Conference® (AAIC®) 2022 covered the breadth of Alzheimer's and dementia research, including the basic biology of aging and the brain, risk factors and prevention strategies, and caregiving and living well with the disease.

News

[People with dementia face up to a two year wait for diagnosis](#)

The [National Audit of Memory Assessment Services](#) in England and Wales, conducted between January and August 2021 by the Royal College of Psychiatrists and supported by Alzheimer's Society, has revealed the average waiting time from referral to dementia diagnosis has increased to 17.7 weeks, up from 13 weeks in 2019; with waiting times across services nationwide ranging between 0 and 104 weeks (two years), compared to 3 and 34 in 2019.

[Prime Minister launches 'Dame Barbara Windsor Dementia Mission'](#)

The mission will be driven by a new taskforce, bringing together industry, the NHS, academia, and families living with dementia. By speeding up the clinical trial process, more hypotheses and potential treatments can be tested for dementia and other neurodegenerative diseases.

[Christine's experiences of continence care](#)

Christine talks about the challenges she experienced in continence care after her late daughter Anna was diagnosed with frontotemporal dementia.