

## **Cochrane Review**

Anticholinergic burden for prediction of cognitive decline or neuropsychiatric symptoms in older adults with mild cognitive impairment or dementia

There is low-certainty evidence that older adults with dementia or cognitive impairment who have a significant anticholinergic burden may be at increased risk of death. No firm conclusions can be drawn for risk of accelerated cognitive decline, neuropsychiatric disturbances, decline in physical function, or institutionalisation.

## Report

#### UK DRI report urges action to reduce health inequalities in dementia

The UK DRI <u>published a new report</u>, detailing the impact of scientific research on health inequalities for people affected by dementia. As the report launches at the start of World Alzheimer's Month, the UK DRI is urging the Government to prioritise funding for scientific innovation, to facilitate larger dementia trials, remove barriers that stop people taking part in research and close the gap on health inequalities.

### Webinars

Advancing clinical practice in young-onset dementia in the Netherlands Tickets, Mon 12 Sep 2022 at 12:30

On Monday 12th September at 12.30-2.30pm, the University of Northampton will host a Dementia Digest event (online) where Dr Christian Bakker, Healthcare Psychologist and Leader of the Young Onset Dementia Research Program at the Radboud University Medical Center, and Prof Raymond Koopmans, Professor of Primary Care at Radbound University, will speak about young onset dementia. They will discuss several research projects and how the results have supported the development of care and support in young onset dementia in the Netherlands.

#### 3NDWG - working age dementia webinar

The 3 Nations Dementia Working Group, a group of people with a diagnosis of dementia, are hosting a webinar focusing on the impact of a dementia diagnosis whilst still of working age. Taking place on Wednesday 21st September 2022 at 11am, their webinars are designed and hosted by people living with dementia.

#### Young onset dementia webinar - why numbers matter

On Wednesday 19th October 2022, we will be starting a new series of young onset dementia webinars which will provide an opportunity to share knowledge and experience. Our first webinar - why numbers matter and change is possible - will be presented by Dr Janet Carter and Michael Jackson. They will discuss the importance of using data to better communicate the need for improved services for younger people living with dementia.



### Blogs

#### Talking about dying: better conversations at the end of life

In this blog, Sarah Chapman, whose Mum died during the first lockdown, reflects on the text conversations she had with her Mum's carer about her dying. She also talks about recent evidence on effective communication between health professionals, those who are dying and their families and about our need for knowledge of ordinary dying when many of us don't witness a death until we are older adults ourselves. The blog also contains sources of information and support for non-medical people and health professionals.

#### Dementia: evidence, experience and resources

These blogs are about different aspects of preventing and living with dementia. Many of them include research evidence and also reflections from people affected by dementia themselves or in supportive roles as carers, family members or health professionals. There are also links to helpful resources.

### Leaflet

#### Finance and young onset dementia leaflet

Dementia UK has created a new leaflet which shares information specific to people with young onset dementia and their family members around employment, pensions and early retirement, benefits and tips for day-to-day financial management as well as the legal matters that should be considered.

## Website

#### Dementia Diaries launch new website

The Dementia Diaries project gives a voice to people with dementia - many of their diarists are living with young onset dementia.

# Checklist

#### Checklist for possible dementia symptoms

If you are worried that your symptoms could be signs of dementia, use our checklist to help describe your symptoms to a GP or health professional. The Symptoms Checklist has now been endorsed by the Royal College of GPs.

### News

Recruitment to dementia trials lags behind other major health conditions -

Official figures highlighted today reveal shockingly low participation in late-stage dementia trials compared to other major health conditions. This is despite there currently being no approved treatments in the UK that can slow or halt the progression of the diseases that cause dementia. According to Alzheimer's Research UK, the situation illustrates the urgent need for leadership to prioritise investment in late-stage dementia research.



