

# **Cochrane Review**

Memantine for autism spectrum disorder

It is unclear whether memantine is an effective treatment for autistic children. None of the three included trials reported on the effectiveness of memantine in adults. Further studies using rigorous designs, larger samples, longer follow-up and clinically meaningful outcome measures that are important to autistic people and their families will strengthen our knowledge of the effects of memantine in autism.

# **Studies**

U.K. health authority investigates epilepsy drug's link to autism

Prenatal exposure to topiramate increases a child's autism odds, according to the study that prompted the inquiry, but experts caution that pregnant people with epilepsy have few other options for controlling seizures.

#### Yen for routine seeds anxiety in autistic children

Interventions that moderate a need for 'sameness' may prevent anxiety traits.

Chromosome 22 mutations leave telltale marks on brain development in autistic people

Many brain regions develop differently between people with 22q11.2 duplications and deletions, and those trajectories also vary with a person's diagnosis.

# **Statistics**

Number of autistic people in mental health hospitals: latest data The latest monthly Assuring Transformation NHS Digital data shows that in July 2022:

- In total 1,990 autistic people and people with learning disabilities are in inpatient mental health hospitals in England
- 1,215 (61%) of these people are autistic
- around 195 of these are autistic people under 18.



# Report

<u>Collaboration between ICSs and ICBs could improve the lives of 1.2 million</u> <u>people with learning disabilities</u>

According to a new <u>report</u> from digital health and care consultancy firm, Channel 3, supported by strategic leaders including national learning disability charity, Hft, the role of Integrated Care Systems (ICS) and Integrated Care Boards (ICB) will be critical in providing the necessary leadership and vehicle for local system change to support the future of people with learning disabilities.

# Conference

Ageing Well with Learning Disabilities Conference Workshops Bild's Ageing Well with Learning Disabilities Conference 2022 is pleased to announce our programme of online and in-person workshops, available to book when you register your place at the conference. Workshops include: Activities to Age Well, Annual Health Checks, Falls in Adults with an LD, Sepsis in Older People with an LD, plus more.

# Blog

<u>Where I Want to Live</u> Blog by Louise Keevil, founding trustee and Acting CEO of <u>Where I Want to</u> <u>Live</u>. <u>Chapter 1 of Good Lives: Building Change Together</u> is about 'A Home'. And the importance of everyone having a choice about where they live and who they live with.

# News

Pathological demand avoidance in autism, explained

Some clinicians say the term describes a subtype of autism, but others dispute its validity and say it is harmful to the autistic community.

