

Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.

Guidance

[Self-harm: assessment, management and preventing recurrence](#)

This guideline covers assessment, management and preventing recurrence for children, young people and adults who have self-harmed. It includes those with a mental health problem, neurodevelopmental disorder or learning disability and applies to all sectors that work with people who have self-harmed.

Study

[Can smartphone apps help female adolescents who self-harm?](#)

Summarises a qualitative study finding that young people think “smartphone apps are cool”, but possibly unhelpful for coping with self-harm.

Reports

[New report on tackling suicide inequalities in Romany and Traveller communities released](#)

Friends, Families and Travellers (FFT) released a new report on [tackling suicide inequalities in Gypsy and Traveller communities](#), produced in collaboration with the [Office for Health Improvement and Disparities](#) (OHID). The interactive report covers a range of areas relating to suicide prevention, such as social risk factors for poor mental health and high suicide incidence, as well as examples of Good Practice.

[Rwanda threat raised UK asylum seekers' suicide risk, clinicians said](#)

The threat of being sent to [Rwanda](#) has increased the risk of suicide among some vulnerable asylum seekers, according to medical evidence in a report. The report, called [Who's Paying the Price? The Human Cost of the Rwanda Removals](#), from the charity Medical Justice, is the first in-depth analysis of 36 recently arrived asylum seekers in the UK who were held in immigration detention centres and threatened with removal to Rwanda.

Statistics

[Suicide prevention profile updates](#)

Data on suicide, associated prevalence, risk factors and service contact among groups at increased risk.

[Suicides in England and Wales - 2021 registrations](#)

In 2021, there were 5,583 suicides registered in England and Wales, equivalent to a rate of 10.7 deaths per 100,000 people; while this was statistically significantly higher than the 2020 rate of 10.0 deaths per 100,000 people, it was consistent with the pre-coronavirus (COVID-19) pandemic rates in 2019 and 2018. [Dataset](#)

News

[Concern as latest suicide figures for St Helens revealed](#)

The number of suicide deaths registered in St Helens last year is the highest since records began. Figures from the Office of National Statistics (ONS) show that 32 suicides were registered in St Helens in 2021.