

Welcome to KNOWvember—a month dedicated to learning and sharing knowledge. Take a look at some of our resources in the foyer at the Lantern Centre. We are also holding some short knowledge burst training sessions throughout the month— please take a look at the sessions below— places can be booked by clicking on the image. The team at the Gosall Library have been busy planning the unveiling of Dr Brown's memorial book collection. If you are interested in attending this event on **Wednesday 30th November**, please get in touch with the library and we will send an invite out to you. You can also read the latest edition of our [LSCFT Research bulletin](#), featuring research published by staff—please remember to keep the library informed if your or your team are involved with any research and we will help to promote this on our next edition. Poppies will be available to buy within the Lantern Centre all month in preparation for Remembrance Sunday on 13th November. We will also be celebrating **Disability History Month**—with a key feature on this in our next lunch and learn session. Just a reminder that our [Library User Survey](#) is still live, we would love to get your feedback on our service to ensure we are providing the best support possible.

### Dates for your diary:

Alcohol Awareness Week—11-16th November

Trans Awareness Week—13th—19th November

Anti Bullying Week— 14th—18th November

## How do I...?

### Listen to our first podcast episode?

We are pleased to introduce our 'Getting into Research' Podcast. Our first edition features Qutub Jamali (a psychiatrist within the Trust) as he talks about his published paper and what inspired him to conduct his research. Dr Jamali's paper can be read in the [Journal of Smoking Cessation](#).

[Listen to our first episode here.](#)

### • SHARING KNOWLEDGE • LUNCH AND LEARN WITH JOANNA HARRISON

Wednesday  
23rd November  
12pm- 1pm



• CELEBRATING OUR LIVES  
• CHALLENGING DISABLISM  
• ACHIEVING EQUALITY

A session  
around  
Disability  
History month

#### WHO?

Joanna Harrison works with our disability and inclusion team to help promote equality across the Trust.

#### WHAT?

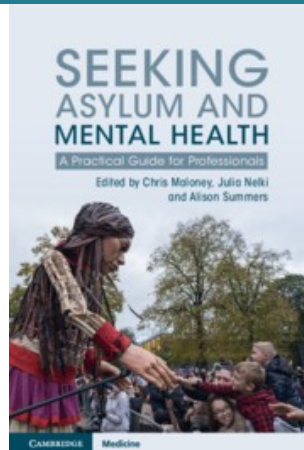
She will be talking about how her team can support you to become more inclusive. She will also be sharing news from the Disability and long term network.

#### HOW?

All library members will receive a Teams invite to attend the session. Email [katie.roper@lscft.nhs.uk](mailto:katie.roper@lscft.nhs.uk) if you would like a Teams invite to be extended to you, your colleagues or your department.

One of our colleagues has also been involved in writing a book; **Seeking Asylum and Mental Health**. It is a guide that should be useful for any clinicians in the Trust who see refugees, offering a practical guide for professionals. We have copies of this available in the library should you wish to read this.

Visit the [library catalogue](#) to browse our collection



## KNOWVEMBER

NHS  
Lancashire &  
South Cumbria  
NHS Foundation Trust



### TRAINING SESSIONS

The Library team are holding 3 training sessions over the month to increase your knowledge and awareness of resources on offer to you.

#### WHAT THE LIBRARY OFFERS

THURSDAY 17TH NOV (10:30- 11)

An introductory session to how the team can support you, what resources are available and how to access these.



#### LIBRARY AND KNOWLEDGE HUB TUESDAY 22ND NOV (2-2:30)

A demonstration of the hub resource, connecting you with high quality health and care information.



#### LITERATURE SEARCHING TUESDAY 29TH NOV (2-2:45)

An introductory session into how to compose a research question, search for relevant articles and save your results.



All training can be booked via our EventBright site or get in touch with [Katie.roper@lscft.nhs.uk](mailto:katie.roper@lscft.nhs.uk). Please note places are limited.