

Library Information Service

Lancashire and South Cumbria NHS FT

Library News October 2022

Firstly, we would like to say a huge thankyou to everyone who attended our Coffee morning last week. We raised £90 for Macmillan Cancer Support. We will be leaving our book sale in the library over the coming month— with all proceeds supporting the charity. Please feel free to take a browse when you are next in the Library. October welcomes Black History Month, please take a look at our display in the Gosall Library. This month is also Breast Cancer Awareness Month—you can catch up on our lunch and learn with our colleague Marisa Wray who shared her experience of a breast cancer diagnosis and the impact this had on her clinical work here: Lunch and learn with Marisa Wray .mp4 (sharepoint.com). Finally we would like to wish all our colleagues a happy Diwali and hope you have a fabulous day celebrating on the 24th October.

Dates for you diary:

10th October—**World Mental Health Day** -An opportunity to raise awareness and advocacy against mental health stigma.

14th October—Allied Health Professionals Day— an opportunity for the AHP Community to come together in celebration, showcasing the impact they make in delivering high quality care.

18th October—**World Menopause Day -**Raising awareness for women who are feeling lost and going through Menopause and need support.



RESOURCE OF THE MONTH KNOWLEDGESHARE

KnowledgeShare is an online web-based current awareness system that is NHS OpenAthens password protected. We will create an individual profile detailing your interests providing a bespoke service to help you keep up-to-date with the latest evidence. Focusing on evidence that will change practice and the latest publications on quality, safety, education and patient experience, our aim is to bring you what you need to know and no more.

KnowledgeShare allows users to:

- Request evidence searches from our Library Knowledge Service and find searches requested by colleagues elsewhere (where permission has been given).
- Sign up for highly targeted updates based on your professional interests (weekly, fortnightly or monthlu)
- Book onto Library knowledge skills sessions



Log in with your <u>Open Athens</u> account

Accessible with an Open Athens account

Sign up today to ensure you are receiving newly published health care updates supporting you with patient care, service improvement, clinical teaching or to keep up to date with current research.

Visit our <u>padlet page</u> or contact the Library to complete a



For any more information, support or queries regarding any resources in this newsletter please email:

Academic.librarv@lscft.nhs.uk

Library user survey

We are continually striving to provide the best possible service for our staff and colleagues throughout the trust. Whether you have only used our service a few times, or use us on a regular basis, we kindly ask that you complete our short survey offering. This should take no longer than 5 minutes to complete, but will help us to prioritise our next steps as a team. Please click on the link below:

Library Users Survey 2022 (surveymonkey.co.uk)



Wednesday 26th October 12pm- 1pm



A session around quitting smoking and supporting patients to stop smoking

WHO?

Lee Mills works as part of the Quit Squad within the trust and will be leading the session to co-inside with STOPtober.

WHAT?

He will be discussing Very Brief Advice (VBA) around smoking cessation, how the Quit Squad can support you with referrals' as well as talking about Nicotine Replacement Therapy(NRT/ e-cigarettes. Lee will also give an update on Secondary Care Smoking Cessation and Smokefree Lancashire, HOW?

All library members will receive a Teams invite to attend the session. Email katie.roper@lscft.nhs.uk if you would like a Teams invite to be extended to you, your colleagues or your department.

Opening Hours:

9am -4:30pm Monday to Friday

The Gosall Library | Lantern Centre | Vicarage Lane | Preston | PR2 8DW