Please visit https://www.evidentlybetter.org/bulletins/suicide-prevention/ to view our webpage featuring key links and emerging reports about suicide prevention.

Studies

[Effects of patient deaths by suicide on clinicians working in mental health: A survey](#)
This research confirms that the death of a patient by suicide is a traumatic experience for clinicians and one that can have profound and enduring effects. Mental healthcare organizations, including associated training and education establishments, have a responsibility to prepare staff for the possibility of suicide and provide tailored support should it occur. Support in the workplace following suicide has received increasing attention, and various guidance and research findings are available to help organizations establish appropriate systems (Gutin2019b; Leaune et al.2020). It is important to consider whether it is possible to facilitate recovery and growth and to prevent ongoing negative impacts on staff, which, if left unattended, have the potential to be detrimental to clinical and personal functioning and which may lead to poor staff wellbeing and difficulties with staff retention.

[Exploring the acceptability of a brief online theory-based intervention to prevent and reduce self-harm: a theoretically framed qualitative study](#)
Four TFA domains were identified that were associated with acceptability of the volitional help sheet for self-harm: affective attitude, burden, intervention coherence and perceived effectiveness. People were generally positive about using the volitional help sheet (affective attitude), understood the volitional help sheet and how it worked (intervention coherence), highlighted engagement as a motivating factor in using the volitional help sheet (perceived burden) and described how the volitional help sheet could be implemented by healthcare professionals (perceived effectiveness).

[A longitudinal analysis of person-centred therapy with suicidal clients](#)
There is now preliminary justification for person-centred therapy being suitable for suicidal clients. Person-centred therapists could consider offering suicidal clients at least 15 sessions to achieve meaningful change; ethical considerations pertaining to this are explored.

[The effectiveness of an Australian community suicide prevention networks program in preventing suicide: a controlled longitudinal study](#)
This study found evidence of an average reduction in suicide rates following the establishment of suicide prevention networks in Australian communities. These findings support the effectiveness of empowering local communities to take action to prevent suicide.

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Resource

[Sharing your personal experiences of self-harm and suicide online safely](#)

Sharing your feelings and experiences online during a difficult time can be really helpful. This resource covers information on:

- Why it's important to post safely
- Finding a safe space online to talk about your experiences
- Things to think about before you post
- How to make sure your post is safe
- What happens after you've posted
- What happens if your posts get removed
- Hearing about other user's experience
- Finding support offline

Toolkit

[Walk With Us: A Toolkit for Supporting Children, Young People and Families Affected or Bereaved by Suicide](#)

Chilypep has launched a new coproduced Toolkit and website which hosts an array of relevant support for people who are affected or bereaved by suicide, focusing on children and younger people, friends and family. The project was funded by NHS South Yorkshire and Bassetlaw. The mission now is to get the word out about these incredibly important resources that are available.