

elderly vascular geriatrics
Alzheimer's environment
cognition early onset
fronto-temporal research
memory old age
dementia
support
lewy bodies



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14 December 2022

Report

[Sir Chris Whitty warns of increased dementia risk due to air pollution](#)

Launching [a report](#) on air pollution, England's Chief Medical Officer Sir Chris Whitty, has warned of the growing body of evidence linking poor air quality and an increased risk of developing dementia in later life.

Advice

[Preparing for the festive season](#)

The festive season usually involves family get-togethers, which can be stressful if you are supporting someone living with dementia. It might be exciting to catch up with family and friends, but you may also feel worried about how to prepare them for seeing your loved one with dementia if they haven't seen them for a while.

[Coping with feelings of loss this Christmas](#)

Jean Wooldridge, who works on the Admiral Nurse Dementia Helpline, has outlined some suggestions for managing feelings of loss during the festive period.

News

[Study reveals footballers more likely to have worse brain health after age of 65](#)

Professional footballers are more likely to have worse brain health after they turn 65 compared with the general population, according to groundbreaking new research. The lead researcher and sports concussion expert Dr Michael Grey, from the University of East Anglia's School of Health Sciences, said: "We know that heading the ball has been associated with an increased risk of dementia among professional football players. But until now, little has been known about when players start to show signs of brain health decline.

[Use of hearing aids and cochlear implants associated with a decreased risk of developing dementia](#)

Researchers have published findings which suggest that the use of hearing aids and cochlear implants can reduce the risk of developing dementia by slowing down cognitive decline, such as memory loss. The use of hearing aids and cochlear implants by people with hearing loss was found to reduce long-term cognitive decline by 19%. Furthermore, the use of these devices led to a 3% improvement in cognitive test scores, including an individual's ability to problem solve. The results were published in [JAMA Neurology](#), using a meta-analysis (a statistical analysis that combines the results of multiple scientific studies).

[Woman who was 'devastated' after young onset dementia diagnosis at 57 years old says life can still be 'rich'](#)

A mum-of-two who was given the "devastating" news that she has Alzheimer's at the age of 57 wants to encourage others who have similar symptoms to push for a diagnosis, as she has since realised that "life can be rich" despite the new challenges she now faces.

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[Older persons and dementia organisations raise concerns relating to the new pandemic treaty](#)

On 2 December, a consortium of older persons and dementia organisations submitted a joint and open letter to the World Health Organization's (WHO) Intergovernmental Negotiating Body (INB) for a new WHO convention, agreement, or other international instrument on pandemic prevention, preparedness and response. In the letter, the consortium expressed their deep concern that future resilience for these vulnerable constituencies is not being adequately reflected in the proposed draft of the treaty.

[9 in 10 Brits underestimate impact of dementia](#)

More than half of Britons do not know that dementia is a terminal illness and the majority of people underestimate the current and future impact of dementia in the UK, a new study has revealed.

Blogs

[Starting a conversation: Occupational therapy and dementia](#)

In this blog, the authors of 'Occupational Therapy and Dementia' discuss the importance of occupational therapy in better supporting people living with dementia, as well as raising awareness about reducing the risk of dementia.

[Shining a light on childhood dementia](#)

In this blog, Megan Donnell, CEO of [Childhood Dementia Initiative](#) shares why childhood dementia has been historically and severely overlooked by healthcare professionals, researchers and the general public, as well as what can be done to help those who are most affected.