Digital Mental Health
Current Awareness Bulletin
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NHS Greater Manchester Mental Health NHS Foundation Trust

Digital Services

Scoping digital support for children and young people's mental health
Oxford Health Sciences Network

Modelling therapeutic alliance in the age of telepsychiatry
Trends in Cognitive Sciences

AI and Machine Learning

Multi-dimensional machine learning models predicting outcomes after trauma Surgery

Suicide risk stratification among major depressed patients based on a machine learning approach and whole-brain functional connectivity
Journal of Affective Disorders

Mobile Technology

Assessing the effects of acute reductions in mobile device social media use on anxiety and sleep Journal of Behavior Therapy and Experimental Psychiatry

Qualitative exploration of university student perspectives on mindfulness-based stress reduction exercises via smartphone app in Bangladesh
International Journal of Qualitative Studies on Health & Wellbeing

Understanding discussions of sexual assault in young women on a support mental health app Journal of Interpersonal Violence

Social Media

Capturing the bigger picture: a gestalt of general and alcohol-specific social media usage during the transition to college as a predictor of first-year alcohol use and consequences Addictive Behaviors

Development of internet suicide message identification and the Monitoring-Tracking-Rescuing model in Taiwan Journal of Affective Disorders

Effects of exposure to social media images of thin and average size women on body satisfaction among young women Body Image

Telehealth

Digital CBT for children with mild to moderate anxiety: draft guidance NICE

Effect of telehealth nursing intervention on psychological status and coping strategies Holistic Nursing Practice

Expanding trauma-informed care to telemedicine: brief report from child abuse medical professionals Clinical Pediatrics

Telehealth support for dementia caregivers during the COVID-19 pandemic
American Journal of Geriatric Psychiatry