

\*\*\*Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.\*\*\*

## Studies

[Risk of suicide after diagnosis of severe physical health conditions: A retrospective cohort study of 47 million people](#)

A diagnosis of severe physical illness is associated with higher suicide risk. The interaction of physical and mental illness emphasises the importance of collaborative physical and mental health care in these patients.

[More than 50% of trans and non-binary youth in US considered suicide this year, survey says](#)

More than 50% of transgender and non-binary youth in states across the US seriously considered suicide in the past year, according to new survey data on a worsening LGBTQ+ youth mental health crisis.

[Sexual and gender identity and note-leaving among adult suicide decedents in the USA](#)

SGM decedents were 1.508 times more likely to leave a note than their non-SGM counterparts, controlling for demographic, mental health and substance use covariates.

[Service use and costs in adolescents with pain and suicidality: A cross-sectional study](#)

In our study, adolescents with pain and suicidality reported increased contact with health, social, and educational services, which could provide an opportunity for suicide prevention. Given the diversity of identified settings, multi-sector suicide prevention strategies are paramount.

[New figures provide latest data on veterans suicide](#)

A new study from the University of Manchester has found that veterans are at no greater risk of suicide than the general population, although some cohorts need additional support.

## Study Participation Request

[Do you assess suicide risk as part of your job?](#)

This study aims to evaluate clinicians' experience of assessing suicide risk and improve understanding of factors that affect clinicians. For further information, email Professor Zaffer Iqbal, Chief Investigator: [z.iqbal@hull.ac.uk](mailto:z.iqbal@hull.ac.uk).

## Guidance

[Responding to a suicide: advice for universities](#)

This guidance is designed to offer practical advice and support to senior leaders and staff working within student services. However, it will likely be of interest to anyone working in higher education who may need to be involved in responding to the death of a student.

perfect care  
**Suicide prevention**  
crisis research risk self-harm  
assessment resources  
statistics study information



**NHS**

**Mersey Care**  
NHS Foundation Trust

Community and Mental Health Services

9 January 2023

## Local Government Discussion

[Breaking the link between financial difficulty and suicide](#)

Professor Louis Appleby and Councillor David Fothergill discuss the importance of prioritising suicide prevention during financially difficult times.

## Seminar

[Suicide after leaving the UK Armed Forces](#)

18 January 2023, 12:00 – 13:00 GMT.

Speaker: Dr Jodie Westhead, Research Lead - Suicide in Armed Forces Veterans Study.

Presentation title: Suicide after leaving the UK Armed Forces. Please note that this will be a hybrid event. The in-person seminar will take place in Room B2.4, Ellen Wilkinson Building, University of Manchester. The Zoom link and passcode will be sent to attendees through e-mail. Registration is required for both in-person and online attendees.

## News

[Child referrals for mental health care in England up 39% in a year](#)

Pandemic, social inequality, austerity and online harm fuelling soaring NHS referrals, say experts. The figures include children who are suicidal, self-harming, suffering serious depression or anxiety, and those with eating disorders.

[TikTok self-harm study results 'every parent's nightmare'](#)

TikTok's recommendation algorithm pushes self-harm and eating disorder content to teenagers within minutes of them expressing interest in the topics, research suggests. The Center for Countering Digital Hate (CCDH) found that the video-sharing site will promote content including dangerously restrictive diets, pro-self-harm content and content romanticising suicide to users who show a preference for the material, even if they are registered as under-18s.

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