Digital Mental Health
Current Awareness Bulletin
February 2023

NHS Greater Manchester Mental Health
NHS Foundation Trust

Delivery of Services
[Effects of a computerized clinical decision aid on clinical decision-making in psychosis care](#) **Journal of Psychiatric Research**

[Opioid-involved overdose trainings delivered using remote learning modalities](#)
Nursing Open

AI and Machine Learning
[Machine learning with neuroimaging biomarkers: application in the diagnosis and prediction of drug addiction](#). **Addiction Biology**

Virtual Reality
[Effects of incorporating virtual reality training intervention into health care on cognitive function and wellbeing in older adults with cognitive impairment](#)
International Journal of Human-Computer Studies

Mobile Technology
[Potential of mobile technology to relieve the urgent mental health needs in China](#)
Journal of Medical Internet Research

[Validity of the counter-app method in the assessment of intrusions](#)
Journal of Behavior Therapy and Experimental Psychiatry

Social Media
[Online SMART recovery mutual support groups: characteristics and experience of adults seeking treatment](#) **Drug and Alcohol Review**

[Social media usage is associated with lower knowledge about anxiety and indiscriminate use of anxiety coping strategies](#) **Psychology of Popular Media**

[Using social network methodology to examine the effects of exposure to alcohol-related social media content on alcohol use.](#)
Experimental and Clinical Psychopharmacology

[Assessing the effects of acute reductions in mobile device social media use on anxiety and sleep](#) **Journal of Behavior Therapy and Experimental Psychiatry**

Telehealth
[Effects of e-health interventions on stress reduction and mental health promotion in healthcare professionals: systematic review](#) **Journal of Clinical Nursing**

[Efficacy of virtual delivery of a dissonance-based eating disorder prevention program and evaluation of a donation model to support sustained implementation](#)
Journal of Consulting and Clinical Psychology

Computer Games
[Features and effects of computer-based games on cognitive impairments in children with autism spectrum disorder](#) **BMC Psychiatry**