# **Digital Mental Health**

Current Awareness Bulletin April 2023



### **Digital Delivery of Services**

Adopting digital therapies to treat mental health conditions NICE Webinar 25 April

Evaluation of telehealth in child health behavioural services delivery during the COVID-19 pandemic Psychiatric Services

Improving access to psychological therapies: analysis of effects associated with remote provision during COVID-19 Clinical Psychology

## Al and Machine Learning

On the role of artificial intelligence in psychiatry British Journal of Psychiatry

#### **Mobile Technology**

Multi-centre, England-wide, randomised controlled trial of the 'Foundations' smartphone application in improving mental health and wellbeing in a healthcare worker population British Journal of Psychiatry

#### Social Media

Exploring the potentially positive interaction between social media and mental health: perspectives of adolescents Clinical Child Psychology and Psychiatry

Emotional distress during COVID-19 due to mental health conditions and economic vulnerability: survey-linked Twitter data Journal of Medical Internet Research

Interventions to reduce the negative impact of online highly visual social networking site use on mental health outcomes Psychology of Popular Media

#### **Telehealth**

<u>Engagement with homework in an internet-delivered therapy predicts reduced anxiety</u> <u>and depression symptoms</u> Journal of Consulting and Clinical Psychiatry

Healthcare-related practices in virtual behavioral health treatment for major depression before and during the COVID-19 pandemic Medical Care

Online cognitive behaviour therapy for two college students with attention deficit/hyperactivity disorder Clinical Case Studies

<u>Patient experience with telehealth service in a mental health setting</u>
Archives of Psychiatric Nursing

<u>Patients' perspectives on telemedicine in the encounter between healthcare and patients with mental illness: systematic review European Journal of Psychiatry</u>

<u>Timing and magnitude of symptom improvements during an internet-delivered transdiagnostic treatment programme for anxiety and depression</u>

Journal of Consulting and Clinical Psychiatry