

elderly vascular geriatrics  
Alzheimer's environment  
cognition early onset  
fronto-temporal research  
memory old age  
dementia  
lewy bodies support



**NHS**  
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Community and Mental Health Services

5 September 2023

## Studies

[The development and validation of the Discrimination and Stigma Scale Ultra Short for People Living with Dementia \(DISCUS-Dementia\)](#)

Our analyses suggest that the DISCUS-Dementia performs well with a global sample of people living with dementia. This scale can be integrated into large-scale studies to understand factors associated with stigma and discrimination. It can also provide an opportunity for a structured discussion around stigma and discrimination experiences important to people living with dementia, as well as planning psychosocial services and initiatives to reduce stigma and discrimination.

[Prediction of conversion to dementia disorders based on timed up and go dual-task test verbal and motor outcomes: a five-year prospective memory-clinic-based study](#)

TUGdt words/time parameters have potential as cost-efficient tools for conversion-to-dementia risk assessment, useful for research and clinical purposes. These parameters may be able to bridge the gap of insufficient evidence for such clinical outcomes.

[Impact of caregiver demands on growing family capabilities provide home care for dementia-affected seniors](#)

The higher the need for care, the higher the family's ability to do home care. This research implies that the family has a duty in the health sector to provide care for the elderly at home/home care, which strengthens the need for care, this supports caregiver empowerment and increases the independence of the elderly with dementia.

[Home-based care for people living with dementia at the end of life: the perspective of experts](#)

Suitable end-of-life care for people living with dementia and support for their relatives require resources and the conceptualisation of specific care arrangements to help minimise potential barriers that prevent access to palliative care.

[Which Severe Mental Illnesses Most Increase the Risk of Developing Dementia? Comparing the Risk of Dementia in Patients with Schizophrenia, Major Depressive Disorder and Bipolar Disorder](#)

SIMs increase the risk of dementia, and among them, bipolar disorder confers the greatest risk of developing dementia. Anxiolytics may not increase the risk of developing dementia in patients with an SMI, but still need to be used with caution in clinical practices.

## Cochrane Review

[Psychosocial interventions for reducing antipsychotic medication in care home residents](#)

All included interventions were complex and the components of the interventions differed considerably between studies. Interventions and intervention components were mostly not described in sufficient detail. Two studies found evidence that the complex psychosocial interventions may reduce antipsychotic medication use. In addition, one study showed that medication review might have some impact on antipsychotic prescribing rates. There were no important adverse events. Overall, the available evidence does not allow for clear generalisable recommendations.



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## News

### [New risk score strongly predicts dementia chances](#)

A new dementia risk score 'calculator' identifies people potentially at risk of developing the disease within the next 14 years, according to a study published by The British Medical Journal (BMJ). The findings are from a large long-term study published in the open access journal [BMJ Mental Health](#), which shows that the UK Biobank Dementia Risk Score (UKBDRS) outperformed three other widely used risk scores.

### ['It's almost magical': how robotic pets are helping UK care home residents](#)

Animatronic cats and dogs have helped staff at a Bedfordshire care home to avoid medicating some residents with dementia.

### [Adult Education Classes Could Be a Buffer Against Alzheimer's](#)

Older people who take adult education classes may lower their risk for dementia, including Alzheimer's disease, Japanese research suggests.

### [Oral care for dementia - 10 top tips](#)

To mark World Alzheimer's Month throughout September 2023, the RCN Older People's Forum will be sharing blogs about dementia. This blog by Dr Gary Mitchell MBE and Professor Gerry McKenna talks about oral care for dementia: 10 top tips.

## Blog

### [Embracing dementia-friendly communities: spreading awareness during World Alzheimer's Month](#)

To mark World Alzheimer's Month throughout September 2023, the RCN Older People's Forum will be sharing blogs about dementia. This blog talks about dementia-friendly communities and what we can do to support people living with dementia.

