

\*\*\*Please visit <u>https://www.evidentlybetter.org/bulletins/suicide-prevention/</u> to view our webpage featuring key links and emerging reports about suicide prevention.\*\*\*

## **Government Strategy**

Suicide prevention strategy for England: 2023 to 2028

This strategy sets out the government's ambitions over the next 5 years to:

- reduce suicide rates
- improve support for people who have self-harmed
- improve support for people bereaved by suicide

## **Studies**

#### People who have self-harmed need better access to aftercare

Adults who go to hospital after harming themselves may struggle to access the care they need afterwards (aftercare). A study explored the barriers they face, from the perspective of clinicians who refer them for aftercare (liaison psychiatrists). The authors suggest potential strategies for improvement. (This is a plain English summary of an <u>original research article</u>).

#### What emotions do male prisoners experience prior to suicide and violence?

Explores a new study on the emotions that male prisoners experience prior to suicide, self-harm or violence using a novel participatory visual method involving drawing their feelings.

# Patterns of emergency department presentations for a youth mental health cohort: data-linkage cohort study

Most young people presenting to primary mental health services also utilised emergency services. The preventable and repeated nature of many presentations suggests that reducing the ongoing secondary risks of mental disorders (i.e. substance misuse, suicidality, physical illness) could substantially improve the mental and physical health outcomes of young people.

#### Autism in adult psychiatric out-patients: self-reported suicidal ideation, suicide attempts and nonsuicidal self-injury

Suicidal ideation, suicide attempts and NSSI were very common in adults with autism who were recently referred to an out-patient psychiatric service. Suicidal ideation and NSSI were more common than suicide attempts. Clinicians should always consider suicidal ideation and NSSI in adult psychiatric patients with autism.

## News

Improve NHS mental health funding or more children will die by suicide, says coroner

A London coroner has warned the health secretary that preventable child suicides are likely to increase unless the government provides more funding for mental health services. Nadia Persaud, the east London area coroner, told Steve Barclay that the <u>suicide of Allison Aules</u>, 12, in July 2022 highlighted the risk of similar deaths "unless action is taken". In a damning <u>prevention of future deaths report</u> addressed to Barclay, NHS England and two royal colleges, Persaud said the "under-resourcing of CAMHS [child and adolescent mental health services] contributed to delays in Allison being assessed by the mental health team".









