

Reports

[Securing our healthy future: Prevention is better than cure](#)

The future wellbeing and prosperity of our nation is dependent upon building a solid foundation of health for our next generation. As healthcare leaders, we are concerned that inadequate priority is currently offered to child health, and particularly the prevention of ill-health in childhood.

[Learning the Lessons - The Unequal Impact of the COVID-19 Pandemic: Voices of People and Communities](#)

In April 2023, we held a workshop with members, supported by The Disrupt Foundation, on the unequal impact of the COVID-19 pandemic. We explored how communities and groups were affected differently by both the virus itself and the measures brought in to control it. Our engagement painted a grim picture of the ways in which the pandemic response exacerbated existing, deep-rooted inequalities across the UK and compounded the disadvantages experienced by people from minoritised communities, by disabled people and by people living with long term conditions.

[Access denied? Socioeconomic inequalities in digital health services](#)

The UK's health and social care system increasingly relies on digital services and the flow of patient data to deliver care to tens of millions of people. Digital transformation is intended to fuel innovation and efficiency and improve patient experience. However, there is a risk that digital healthcare can exacerbate existing health inequalities.

[Inclusive digital healthcare: a framework for NHS action on digital inclusion](#)

This document builds on previous NHS Digital guidance on digital inclusion for health and social care. Use it to design and implement inclusive digital approaches and technologies, which are complementary to non-digital services and support.

[Unlocking the power of health beyond the hospital: supporting communities to prosper](#)

Exploring how investment in community care can improve system productivity.

[A mentally healthier nation: towards a ten-year, cross-government plan for better prevention, equality and support](#)

Mental health in the UK is getting worse. Sickness absence due to mental illness is soaring, rates of mental health difficulties are increasing at an alarming rate, and already overstretched services are struggling to meet rising demands. Along with over 30 organisations with an interest in mental health, we have developed a plan to address this and build a mentally healthier nation.

[Targeting health inequalities - realising the potential of targets in addressing health inequalities](#)

A report commissioned by the Health Foundation and produced by the University of Newcastle and University of Strathclyde in partnership with Health Equity North.

Guidance

[Hearing loss in adults: assessment and management \[NG98\]](#)

This guideline covers some aspects of assessing and managing hearing loss in primary, community and secondary care. It aims to improve the quality of life for adults with hearing loss by advising healthcare staff on assessing hearing difficulties, managing earwax and referring people for audiological or specialist assessment and management.



Case Studies

[Improving vaccine uptake in south west England](#)

A case study on how an NHS England team in south west England used NICE products to support increasing uptake of the measles, mumps and rubella (MMR) vaccine across the region.

Service Evaluations

[Learning about what works in urgent community response](#)

NHS England commissioned the Strategy Unit at Midlands and Lancashire CSU and Partners Ipsos UK to conduct a multi-year, two-part evaluation of 2-hour Urgent Community Response (UCR). This national evaluation is the first of its kind to try to demonstrate the impact of an urgent at-home care service and will build evidence of what works best.

Public Advice

[Bones play an important role in our health – here's how to keep them strong](#)

Just as our muscles lose strength as we get older, so do our bones. This can have a serious effect on our lifestyle, and boosts risk of fractures – which are linked with an increased risk of death. Fortunately, just as we can build the strength in our muscles, we can build strength in our bones.

Campaigns

[Prescription savings campaign](#)

This campaign aims to raise awareness of the two prescription money saving schemes available to patients: the Prescription Prepayment Certificate and the Low Income Scheme.

The campaign is targeted at the following audiences:

- People living with long-term conditions; particularly those living with Sickle Cell, Asthma, MND, HIV, Parkinson's and MS, and those living in deprived areas
- Healthcare staff, particularly GP Practice staff and Pharmacy staff

Articles

[Dispelling myths around trans-inclusive language](#)

Beyond the headlines and sensationalism, what's the truth about trans-inclusive language and access to healthcare?

Blogs

[Cholesterol awareness month: Driving further, faster](#)

October is Cholesterol Awareness Month. In this blog, Helen Williams, National Specialty Advisor for Cardiovascular Disease Prevention, and Shahed Ahmad, National Clinical Director for Cardiovascular Disease Prevention, outline why managing cholesterol is key to reducing cardiovascular disease and the steps the NHS is taking to improve lipid management.

[Foundations: What is the food environment?](#)

Where we live, work, shop and learn can affect the food we eat and how healthy we are. We call this the food environment: it could be your neighbourhood, workplace or even online, and it includes everything you experience in those places relating to food. It is the availability, accessibility, affordability and advertising of food.



[The power of storytelling and lived experiences in driving person centred care](#)

In this blog, we explore how stories and the real-life experiences of patients and caregivers have become catalysts for the evolution of healthcare, ensuring that care is not just medically effective but also deeply person centred.

News

[UKHSA winter briefing](#)

The UK Health Security Agency (UKHSA) sets out serious impacts of flu ahead of winter as eligible groups urged to come forward for vaccination.

[UKHSA and ONS launch new Winter COVID-19 Infection Study](#)

A study to gather vital data on COVID-19 this winter has been launched by the UK Health Security Agency (UKHSA) and the Office for National Statistics (ONS).

[UKHSA launches new infectious disease data dashboard](#)

The UK Health Security Agency (UKHSA) has launched the [first iteration of its new dashboard](#), which will serve as a centralised source for infectious disease and outbreak data this winter, making it publicly available in a timely and transparent way.

[Stopping the start: our new plan to create a smokefree generation](#)

This command paper sets out the proposed actions the government will take to tackle smoking and youth vaping.

[Action taken to help promote no and low-alcohol drinks](#)

More people could be encouraged to purchase alcohol-free drinks under government proposals to make alternatives to alcoholic drinks more widely available.

[Government commits to updating NHS constitution to ensure privacy and dignity for women receiving care](#)

The government has announced it will consult on proposed updates to the NHS constitution to ensure the privacy, dignity and safety of patients is respected.

[Over £3 million to transform technology in adult social care](#)

People who receive care will benefit from new technology to help improve their independence and reduce avoidable hospital admissions.

[Health leaders call for action to tackle 'national emergency' in mental health services](#)

Leaders say that neglect of community mental health services and lack of suitable hospital beds is fueling A&E waits.

[These proposals are the next big step to a smoke-free society, says College Chair](#)

Responding to the Prime Minister's speech at the Conservative Party conference which outlined proposals to phase ban smoking and restrict access to disposable vapes for children, Professor Kamila Hawthorne, Chair of the Royal College of GPs, said: "As a GP of 35 years' standing, I have seen the devastating consequences of smoking on my patients' health. It is much easier to never have started smoking, than trying to stop once a habit has formed, so we welcome these proposals aimed at creating our first-ever generation of non-smokers.

[NICE says non-invasive weight loss procedure can be an option to treat obesity](#)

A procedure which reduces the size of the stomach by two-thirds to help people living with obesity to lose weight has been deemed safe and effective to be used in the NHS, NICE has said.





[Baby formula preparation machines might not reach NHS recommended temperatures for killing bacteria – new research](#)

When you have a new baby, it can feel as though there are suddenly thousands of things to worry about. One of the biggest concerns for parents in the early weeks is feeding. Our new study has raised questions about one popular feeding device – the formula preparation machine. We found that only 15% of formula preparation machines tested dispensed water that appeared to be hot enough to meet NHS recommendations for preparing baby formula. In comparison, a majority of samples prepared using a kettle did meet the recommended temperature.

[Long COVID patients are much more likely to have multiple organ abnormalities](#)

It wasn't that long ago that some people speculated that long COVID was all in the mind – a psychosomatic illness. Thankfully, that period of speculation is now behind us. We have compelling evidence that long COVID is very real and can affect major organs in people who were previously hospitalised with the disease.

