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Community and Mental Health Services

15 November 2023

Systematic Review

Home care for the elderly with dementia: a systematic review

Among the findings, it was evidenced that the environment impacts the form of care, once being at home can improve communication and global monitoring of dementia patients.

Studies

Identifying and managing apathy in people with dementia living in nursing homes: a qualitative study

When addressing apathy in nursing homes, it is important to consider that a) all stakeholders experience that appraising signals of apathy is challenging; b) apathy negatively influences the well-being of people with dementia and especially their family caregivers (FCs) and professional caregivers (PCs); and c) FCs and PCs can successfully, albeit temporarily, manage apathy by using specific strategies.

Patterns of use of symptomatic treatments for Alzheimer's disease dementia (AD)

Approximately two thirds of newly diagnosed AD dementia patients utilized approved symptomatic treatment. Time on first therapy was relatively short (< 1 year) and the majority did not move to a second therapy, highlighting the need for better adherence and persistence to existing AD symptomatic therapies and the need for additional therapies to alleviate the significant burden of AD dementia.

Your biological age predicts dementia and stroke regardless of your actual age – new study New research suggests your biological age, more than the years you've lived, may predict your risk of dementia and stroke in the future.

<u>Covid pandemic 'had lasting impact' on brain health of people aged 50 or over</u> UK <u>study</u> finds cognitive function and working memory in older adults declined even if they were not infected with virus.

<u>Common mental health disorders and cognitive decline in a longitudinal Down syndrome</u> <u>cohort</u>

Our results suggest that a diagnosis of a CMD does not have a significant negative effect on long-term cognitive or behavioural outcomes in individuals with Down syndrome. In individuals with stable or treated CMD, subsequent cognitive decline is likely indicative of Alzheimer's disease rather than a consequence of mental disorder.

The Mental Health Toll of Alzheimer's Caregiving

People who care for a loved one with Alzheimer's disease are at high risk of developing symptoms of depression that worsen over time, according to a new <u>study</u>. Worsening depression was particularly common among women who cared for a spouse with Alzheimer's disease.

Eating strawberries can reduce the risks of dementia, study finds

A recent study has found that eating strawberries daily could reduce the risk of developing dementia. The 12-week study published is published in <u>Nutrients</u>.











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Conference

<u>Carers experience of supporting people with dementia to use social media</u> This talk by Dr Catherine Talbot was recorded during the 5th annual Liverpool Dementia & Ageing Research Conference, held on the 25th October 2023.

Survey

Just six in ten adults realise dementia is a cause of death, new polling shows A new nationwide poll has today revealed that only six in ten UK adults (60%) realise that dementia is a cause of death – despite it being the biggest killer in the UK. The results have been published in Alzheimer's Research UK's <u>Dementia Attitudes Monitor</u>, a comprehensive survey of public perceptions of dementia and research.

News

NHS to try out Alzheimer's disease blood tests

A study to assess whether blood tests could help diagnose people with very early Alzheimer's disease, is being launched by the NHS. The Alzheimer's Society, Alzheimer's Research UK and the National Institute for Health and Care Research are working with the UK Dementia Research Institute at University College London for the project.

£2.9m for new centre to aid diagnosis and treatment of dementia

New National Institute for Health and Care Research (NIHR) HealthTech Research Centre is designed to accelerate the advancement of cutting-edge technology to better understand brain health and ageing and help people live healthier lives for longer.



