

## **Studies**

#### Lower socioeconomic status 'triples risk of early-onset dementia'

People from lower socioeconomic backgrounds are more than three times as likely to experience early-onset dementia, a study has found. The <u>study</u>, published in the Lancet Healthy Longevity journal and conducted by researchers at the Huazhong University of Science and Technology in China, used UK BioBank data of more than 440,000 participants aged between 37 and 73.

#### Neuropsychiatric Symptoms and Microglial Activation in Patients with Alzheimer Disease

In this cross-sectional study including 109 individuals, levels of microglial activation were associated with neuropsychiatric symptoms in individuals across the Alzheimer disease continuum. Among the neuropsychiatric symptoms, irritability was the most closely associated with the presence of activated microglia.

## Guidance

Assessment, diagnosis, care and support for people with dementia and their carers The guideline covers: the identification and diagnosis of dementia, investigative procedures, post-diagnostic support, non-pharmacological distressed behaviours, grief and dementia, the changing needs of people with dementia, and palliative approaches.

# Providing proactive care for people living in care homes – Enhanced health in care homes framework

The Enhanced health in care homes (EHCH) framework is for primary care networks (PCNs) and providers and commissioners of community health and social care services. It guides the commissioning of and delivery arrangements for health and social care services in collaboration with care homes, so that the entire system works together to provide personalised care, improve outcomes and promote independence for people living in care. It recognises the life course of people who live in a care home and promotes the ethos of living, ageing and dying well.

### How we talk about dementia: Good practice guidelines for language and images

These guidelines have been created by a Review Panel of people living with dementia, working alongside Innovations in Dementia (iD). This is not about 'policing' language. The guidelines aim to help people portray dementia respectfully and without compromise, both in language and imagery.

# **Statistics**

### Public understanding of dementia and its risk factors in Great Britain

Indicators from the Office for National Statistics' Opinions and Lifestyle Survey to understand the public's perception of their knowledge of dementia and what individuals believe can be done to reduce risk.











## Report

More than a third of people with dementia don't know they have it – what to do if you suspect your partner has the condition

Around 36% of people in England with dementia are unaware they have the condition, according to a new report from the Dementia Commission. <u>The report</u> suggests things health and care professionals can do to improve spotting early signs of dementia. But what can you do if you think your partner has the condition? And how can you broach the topic with them?

## Blog

#### Losing & catching the threads

This blog article is a blended piece, combining two companion articles from Paul Bebbington and Elizabeth Kuipers, two academics who spent their careers researching and writing about mental health and care, respectively, and whose lives are now impacted by Paul's diagnosis of Alzheimer's. These two counterpart pieces offer brave accounts of the day-to-day experiences of living with dementia and being a care provider.

## **Public Advice**

#### How to support a person with dementia at Christmas

Christmas means many things to many people—from food, family and festivities, to religious observance and quiet reflection. But for people affected by dementia it can be more difficult. Here are 8 ways you can support people with dementia at Christmas.

## News

Fiona Phillips opens up on Alzheimer's diagnosis 'I thought it was the menopause' Fiona Phillips opened up about life after her early Alzheimer's, admitting that she 'refused to recognise' the early warning signs of Alzheimer's and brushed them off as menopause symptoms instead.

# LFC Foundation and Forever Reds help create LFC Memories app to support fans with dementia

LFC Foundation and Forever Reds have come together in a first-of-its-kind partnership with National Museums Liverpool to create interactive app content to support Liverpool FC fans living with dementia.







