

elderly vascular geriatrics
Alzheimer's environment
cognition early onset
fronto-temporal research
memory old age
dementia
lewy bodies support



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29 November 2023

Cochrane Clinical Answer

[For adults with mild to moderate dementia, what are the effects of cognitive rehabilitation?](#)

For adults with mild to moderate dementia, high-certainty evidence shows that cognitive rehabilitation (aimed mostly at setting individual cognitive goals) results in large improvements in performance (when self-reported or informant-reported) at short and medium term when compared with inactive controls. Self-efficacy was slightly higher with cognitive therapy (but only in the short term). Moderate-certainty evidence shows likely little to no difference in quality of life in people with dementia or their carers at any time point. There was no difference between groups in depression in the short and medium term.

Resources

[The Lewy Body Society's new website and resources](#)

The Lewy Body Society has launched a new [website](#) and [podcast](#) to help to communicate more clearly about the condition with people living with dementia, families and carers, researchers and health and care professionals. The website also features [case studies](#) and a dedicated section for [carers](#).

[My Life Questionnaire](#)

'My Life Questionnaire' is a scientifically validated and fully co-produced measure of living well for people with mild-to-moderate dementia. This easy-to-use questionnaire can help to identify areas where changes could be made to improve quality of life.

[Personal checklist](#)

The Young Dementia Network's Personal checklist is a resource that is for anyone who has concerns about signs and symptoms of young onset dementia. It is not a diagnostic tool but is intended to be used as a checklist which individuals can use to record symptoms they, or a family member or friend, may be experiencing and then, if necessary, use it to aid a discussion with their GP. The Personal checklist is endorsed by Alzheimer's Research UK, Dementia UK and Rare Dementia Support.

News

[NHS dementia diagnosis rates at three-year high](#)

The NHS is diagnosing tens of thousands more people with dementia since the start of the pandemic, thanks to NHS recovery efforts. NHS staff have diagnosed 475,573 people with dementia in September – up more than 52,000 than the same time last year, with diagnosis rates now at a three year high.

[Comment: New Clinical Trials Delivery Accelerator focused on dementia](#)

In the [Autumn Statement](#), the Government announced a new Clinical Trials Delivery Accelerator (CTDA) focused on dementia. Prof Siddharthan Chandran, Director of the UK Dementia Research Institute responds.



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[NICE gets ready to assess new dementia treatments](#)

NICE's methods and processes for evaluating new treatments for use in the NHS are appropriate for the new class of Alzheimer's drugs but key issues need to be considered, a new report has found.

[Dementia and hearing loss: it's time to have your say](#)

Alzheimer's Research UK are asking people to take part in a survey where you can tell them your main concerns or questions about dementia and hearing conditions. This is the first step towards ensuring that future research studies, or treatments being developed, are designed to address the real problems such people face in their everyday lives.

[UK music projects aim to transform lives of people with dementia](#)

[Research](#) published in the Lancet has revealed music's incredible power to improve the lives of the 994,000 people living with dementia across the UK: music therapy reduces agitation and the need for medication in 67% of people with dementia. Now, thanks to two groundbreaking initiatives, everyone with dementia has the chance to benefit from music's power. The first, the [Music Can digital platform](#) launched this week and spearheaded by Universal Music UK, provides a free, dynamic, one-stop resource to help everyone use music in dementia care for themselves and others.

[Partnering with the British Heart Foundation to establish a Centre for Vascular Dementia Research](#)

UK Dementia Research Institute have announced a new partnership with the British Heart Foundation, to establish the UK's first research Centre dedicated to finding new treatments to prevent, halt and ultimately find cures for vascular dementia. The Centre will be the UK's flagship investment for vascular dementia research, uniting leading researchers from around the world under a single virtual 'roof'. The new Centre will attract the brightest minds at the forefront of their field, powering discovery and accelerating the search for pioneering new treatments to stop vascular dementia in its tracks.

Webinar

[Evidence and resources from 10 years of the IDEAL programme, Wed 6 Dec 2023 at 10:00](#)

The IDEAL dementia research programme concludes at the end of the year after a decade of research. 'Evidence and resources from 10 years of the IDEAL programme' is a free online event taking place from 10am-12pm on Wednesday 6th December 2023 to discuss the evidence which has come out of the study and to launch free resources.

