

Eating Disorder Bulletin

May 2026

This bulletin aims to keep you up to date with current evidence around eating disorders, including Anorexia Nervosa, Bulimia Nervosa, Binge Eating and co-morbidities. Some articles are freely accessible, others require an Open Athens account to access. You can sign up to Open Athens here: <https://openathens.nice.org.uk/> or get in touch with the library for further support accessing the full texts. Make articles more accessible by downloading LibKey Nomad directly to your browser: [Download LibKey Nomad - Third Iron](#)

Eating Disorders

[Establishing the measurement invariance of the eating disorder inventory across hispanic white, non-hispanic asian, non-hispanic black or african american, and non-hispanic white adults.](#)

Ali, S. I., Rogers, M. L., Schatschneider, C., Joiner, T. E., & Keel, P. K. (2026). *Psychological Assessment*, 38(5), 366–373. doi:10.1037/pas0001453 (Freely accessible)

[In-person interview versus online self-assessment of the eating disorder examination: An empirical validation of data equivalence.](#)

Besse-Flütsch, N., Mayr, L. M., Smigielski, L., Bühlmann, C., & Pauli, D. (2026). *Eating and Weight Disorders : EWD*, doi:10.1007/s40519-026-01837-5 (Open Access)

[Collaboration in team outpatient eating disorder care: Clinician's perspectives.](#)

Bray, M., Heruc, G., & Wright, O. R. L. (2026). *Journal of Eating Disorders*, doi:10.1186/s40337-026-01593-y (Open Access)

[Unravelling the role of brain-derived neurotrophic factor \(BDNF\) in anorexia, bulimia, and binge-eating disorder: A systematic review and meta-analysis.](#)

Fioranelli, M., Sedati, P., Topa, A., Roccia, M. G., Santoni, G., & Garo, M. L. (2026). *Journal of Psychosomatic Research*, 203, 112580. doi:10.1016/j.jpsychores.2026.112580 (Request from the Library)

[Clinician practices in determining expected body weights across eating disorders: A mixed methods study.](#)

Laboe, A. A., Steinhoff, M. F., Vendlinski, S. S., Kreynin, A., Johnson-Munguia, S., Heyrman, A., et al. (2026). *European Eating Disorders Review : The Journal of the Eating Disorders Association*, 34(3), 584–598. doi:10.1002/erv.70049 (Access with Open Athens)

[Emerging adults seeking treatment for their eating disorder: An empirical look at young adults relative to adults over 25.](#)

Laliberte, M. M., Gobin, K. C., Potechin, M. B., Lucibello, K. M., Potter, S., & Grant-Allen, G. (2026). *European Eating Disorders Review : The Journal of the Eating Disorders Association*, 34(3), 811–822. doi:10.1002/erv.70068 (Access with Open Athens)

[Benchmarking generative artificial intelligence against human judgment in eating disorder case recognition and treatment recommendations.](#)

Linardon, J., & Messer, M. (2026). *International Journal of Eating Disorders* (Open Access)

[Fear of food in eating disorders: Its role in eating disorder symptomatology, psychopathology, and early outpatient treatment.](#)

Tomba, E., Tecuta, L., Gardini, V., Dato, E. L., Mazzoni, C., Schumann, R., et al. (2026). *Behavior Therapy*, 57(3), 608–623. doi:10.1016/j.beth.2025.11.003 (Access with Open Athens details)

[Early change in emotion regulation as a predictor of eating disorder symptom severity among a sample of men and boys receiving eating disorder treatment.](#)

Grunewald, W., Velkoff, E. A., Wierenga, C. E., & Brown, T. A. (2026). *European Eating Disorders Review : The Journal of the Eating Disorders Association*, 34(3), 599–611. doi:10.1002/erv.70054 (Request from the Library)

[A program-led motivational app \(MI-coach: ED\) for eating disorder waitlists: Findings from a feasibility and acceptability pilot trial](#)

Halicki-Asakawa, A., Fuller, E., & Libben, M. (2026). *The International Journal of Eating Disorders*, 59(5), 965–977. doi:10.1002/eat.70053 (Open Access)

[Mind over meal: Affective neuroscience perspectives on emotional patterns in eating disorders.](#)

Hurvitz, H., & Horovitz, O. (2026). *Nutritional Neuroscience*, 29(5), 642–652. doi:10.1080/1028415X.2025.2587076 (Request from the Library)

[Teacher-led universal eating disorder prevention programmes in schools: A scoping review.](#)

Parker, J., Makin, L., Allen, K., & Tchanturia, K. (2026). *European Eating Disorders Review : The Journal of the Eating Disorders Association*, 34(3), 676–721. doi:10.1002/erv.70064 (Access with Open Athens)

[A scoping review of eating disorder symptoms and mental health during the postpartum period: Predictors, course, and consequences for mothers and infants.](#)

Pearsall, M. S., Lin, W., & O'Shea, N. G. (2026). *Journal of Eating Disorders*, 14(1), 95. doi:10.1186/s40337-2. doi:10.1186/s40337-026-01581-2 (Open Access)

[Lived experience-informed eating disorders research: An illustrative example.](#)

Phillipou, A., Calvert, S., de Boer, K., Dwyer, D., Eddy, K. T., Gao, C., et al. (2026). *Eating Disorders*, 34(3), 281–292. doi:10.1080/10640266.2025.2471220 (Access with Open Athens details)

[Dietary intake of women with and without eating disorder history from pregnancy to 3 years postpartum: A longitudinal analysis.](#)

Schmidt, L. A., Throm, J. K., Dörsam, A. F., & Giel, K. E. (2026). *Eating and Weight Disorders : EWD*, 31(1), 26. doi:10.1007/s40519-9. doi:10.1007/s40519-026-01841-9 (Access with Open Athens details)

[Testing whether established risk factors for future eating disorder onset predict future overweight/obesity onset: A prospective study.](#)

Stice, E., & Yamamiya, Y. (2026). *Behaviour Research and Therapy*, 199, 104984. doi:10.1016/j.brat.2026.104984 (Request from the Library)

[Legal decisions on longstanding severe eating disorders.](#)

Tan, J. O. A., Cave, E., Ruck Keene, A., Kern, N., Bradshaw, A., Griffiths, J., et al. (2026). *The British Journal of Psychiatry : The Journal of Mental Science*, 228(5), 396–399. doi:10.1192/bjp.2025.10490 (Access with Open Athens details)

["My eating disorder story": An interpretative phenomenological analysis of social media, narrative identity, and patient influencers in eating disorder recovery.](#)

Journal of Eating Disorders, 14(1) (pagination), Article Number: 88. Date of Publication: December 2026. doi:10.1186/s40337-026-01564-3



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Anorexia Nervosa

Maternal anorexia nervosa and risk of mental and neurodevelopmental morbidity in offspring

Amar, S., Côté-Corriveau, G., Israël, M., Steiger, H., Low, N., Chadi, N., et al. (2026). *Child and Adolescent Mental Health*, 31(2), 125–133. doi:10.1111/camh.70051 (Freely accessible)

Severe and enduring anorexia nervosa and quality of life: If, when, and how palliative care should be involved in patient care.

Bade, R., Blakeslee, M., & Cody, P. (2026). *The Journal of Pediatrics*, 291, 114940. doi:10.1016/j.jpeds.2025.114940 (Request from the library)

The sixth finger illusion in anorexia nervosa.

Brusa, F., Cadete, D., Sedda, A., Villa, V., Apicella, E., Ventura, E., et al. (2026). *Quarterly Journal of Experimental Psychology* (2006), 79(5), 1330–1347. doi:10.1177/17470218251390500 (Request from the library)

Transdiagnostic predictors of treatment outcome in patients with anorexia nervosa receiving intensive enhanced cognitive behavioral therapy (CBT-E).

Calugi, S., Dalle Grave, A., Chimini, M., Cattaneo, G., Conti, M., & Dalle Grave, R. (2026). *The International Journal of Eating Disorders*, doi:10.1002/eat.70074 (Request from the library)

Olanzapine for young people with anorexia nervosa: A synopsis of the main results from the OPEN open-label feasibility study.

Filiz, E. S., Stringer, D., Kellermann, V., Olive, R. R., Said, O., Mutwalli, H., et al. (2026). *Health Technology Assessment* (Winchester, England), 30(36), 1–17. doi:10.3310/GJHH0812 (Freely accessible)

Lived experience perspectives on the development of anorexia nervosa.

Malcolm, A. C., & Phillipou, A. (2026). *European Eating Disorders Review : The Journal of the Eating Disorders Association*, 34(3), 612–626. doi:10.1002/erv.70058 (Request from the Library)

Anorexia nervosa inpatients with extremely low body weight: Is the nutritional status still an explicative factor of anxio-depressive symptoms and physical activity practice?

Mattar, L., Dicembre, M., Duquesnoy, M., Rives-Lange, C., Pleple, A., Godart, N., et al. (2026). *European Eating Disorders Review : The Journal of the Eating Disorders Association*, 34(3), 571–583. doi:10.1002/erv.70040 (Request from the Library)

Intervention research in anorexia nervosa - a plea for single case experimental designs.

Melles, H., Lemmens, L., & Jansen, A. (2026). *Eating Disorders*, 34(3), 268–280. doi:10.1080/10640266.2025.2471218 (Freely accessible)

Inside exposure: Tracking fear and threat expectancy dynamics within and between exposure sessions for anorexia nervosa.

Melles, H., Spix, M., Duijvis, S., & Jansen, A. (2026). *The International Journal of Eating Disorders*, doi:10.1002/eat.70078 (Open Access)

A deleuzian examination of anorexia & recovery: Opening up possibilities for conceptualizing care.

Gaudet, S., Symonds-Brown, H., & Spiers, J. (2026). *Nursing Philosophy : An International Journal for Healthcare Professionals*, 27(2), e70073. doi:10.1111/nup.70073 (Open Access)

Feasibility and preliminary outcomes of group-based cognitive remediation and emotion skills training (CREST) for adult women with anorexia nervosa and bulimia nervosa: A pilot pre-post study.

Minařík, P., Wohlinová, K., Dostálová, V., Bočková, N., Suchý, J., & Papežová, H. (2026). *European Eating Disorders Review : The Journal of the Eating Disorders Association*, doi:10.1002/erv.70100 (Request from the Library)

Recovery from anorexia nervosa: A concept analysis.

Ramsay, S., & Allison, K. (2026). *Journal of Advanced Nursing*, 82(5), 4840–4875. doi:10.1111/jan.70142 (Access with Open Athens details)

Family member's perceived impact of anorexia nervosa and bulimia nervosa on family dynamics: A qualitative systematic review and meta-synthesis.

Shirane, T., Okasawara, D. S., Oliveira-Cardoso, É A., & Santos, M. A. D. (2026). *Cadernos De Saude Publica*, 42, e00181525–311XEN181525. eCollection 2026. doi:10.1590/0102-311XEN181525 (Access with Open Athens details)

How do male partners experience the pre- and postpartum period depending on maternal anorexia nervosa? findings from a qualitative interview study.

Throm, J. K., Schilling, D., Dörsam, A. F., Gödecke, C., & Giel, K. E. (2026). *Eating and Weight Disorders : EWD*, 31(1), 41. doi: 10.1007/s40519–4. doi:10.1007/s40519-026-01862-4 (Access with Open Athens details)

Diagnostic criteria for atypical anorexia nervosa: A proposal.

Timothy Walsh, B., Golden, N. H., Attia, E., First, M. B., & Pike, K. M. (2026). *The International Journal of Eating Disorders*, 59(4), 674–681. doi:10.1002/eat.70020 (Request from the Library)

High-caloric realimentation and mental and physical well-being in patients with extreme anorexia nervosa. A prospective study.

Voderholzer, U., Silbernagl, J., Haas, V., Cuntz, U., Naab, S., & Quadflieg, N. (2026). *European Eating Disorders Review : The Journal of the Eating Disorders Association*, 34(3), 835–844. doi:10.1002/erv.70074 (Access with Open Athens details)

Dicing, smearing, wasting: Maladaptive mealtime behaviors in hospitalized patients with an eating disorder.

Vanzhula, I. A., Martinelli, M. K., Pan, I., Shakir, J., Guarda, A. S., & Schreyer, C. C. (2026). *The International Journal of Eating Disorders*, 59(5), 911–918. doi:10.1002/eat.70032 (Request from the Library)

The acceptability of a rolling compassion focused therapy group embedded within an eating disorder day hospital programme: A brief report.

Twomey, C., Cagney, O., McEnery, F., & Dowling, C. (2026). *European Eating Disorders Review : The Journal of the Eating Disorders Association*, 34(3), 557–562. doi:10.1002/erv.70053 (Access with Open Athens details)



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Bulimia Nervosa

[Current practise used to identify and manage binge eating disorder and bulimia nervosa in primary care in the UK: A national survey.](#)

Kozmér, S., Smith, J. R., Burns, A., Lawrence, N. S., & van Beurden, S. (2026). BJGP Open, doi:10.3399/BJGPO.2026.0032 (Open Access)

[Accuracy and suitability of eating disorder screening tools for binge eating disorder and bulimia nervosa in a primary care setting: A systematic review and narrative summary.](#)

Kozmér, S., Yin, R., Evans, J., Burns, A., & Smith, J. (2026). BJGP Open, doi:10.3399/BJGPO.2025.0149 (Open Access)

[Four decades of psychological treatment for bulimia nervosa and binge-eating disorder: A meta-regression of changes in abstinence rates over time.](#)

Messer M., Wade T.D., Anderson C., Bolger T., Ng G., Bothe H., et al. (2026). International Journal of Eating Disorders, 59(4), 623–633. doi:10.1002/eat.70014 (Access with Open Athens)

[Acceptability and feasibility of a digital mindfulness-based intervention for anorexia nervosa and bulimia nervosa.](#)

Sala, M., Kober, H., Levinson, C., Ascarrunz, D., Stern, C., & Roos, C. (2026). The International Journal of Eating Disorders, 59(5), 896–910. doi:10.1002/eat.70037 (Request from the Library)

[Exploring chatgpt as a digital social support tool for bulimia nervosa.](#)

Vuraloğlu, E., Malas, H. S., & Malas, E. M. (2026). PloS One, 21(3), e0345010. doi:10.1371/journal.pone.0345010 (Open Access)

Binge Eating

[Profiling decision-making mechanisms in binge eating disorder.](#)

Colton E., Agosta C., Carey H., Giddens E., Noy B., Flanagan K., et al. (2026). Journal of Eating Disorders, 14(1) (pagination), Article Number: 86. Date of Publication: December 2026. doi:10.1186/s40337-026-01563-4 (Open access)

[Feasibility and preliminary outcomes of a brief online-oriented self-guided cognitive behavioral therapy \(BOOST\) for binge eating disorder symptoms: An uncontrolled pilot pre-post study.](#)

Daoud P., ElDirani E., Zarzour M., Kassab A., ElHachem C., Richa S., et al. (2026). Journal of Behavioral and Cognitive Therapy, 36(4) (pagination), Article Number: 100598. Date of Publication: November 2026. doi:10.1016/j.jbct.2026.100598 (Request from the Library)

[A pilot randomized controlled trial of eye movement desensitization and reprocessing therapy for adults with binge-eating disorder.](#)

Hatoum, A. H., Richard, K., Burton, A. L., Rieger, E., Touyz, S., & Abbott, M. J. (2026). The International Journal of Eating Disorders, 59(5), 1009–1022. doi:10.1002/eat.70056 (Access with Open Athens details)

[What place does daridorexant have in the treatment of binge-eating disorder?](#)

Pan, A., Piccirilli, L., & Buoli, M. (2026). Expert Review of Neurotherapeutics, 26(5), 415–418. doi:10.1080/14737175.2026.2647034 (Request from the Library)

[Combining digital cognitive behavioral therapy with mindfulness training for binge eating disorder: Protocol for a feasibility trial.](#)

Sala, M., Roos, C., Ascarrunz, D., Stern, C. M., Bricker, J., Feldman, J. M., et al. (2026). JMIR Research Protocols, 15, e91761. doi:10.2196/91761

[Emotion-related treatments in patients with binge eating episodes-a systematic review and meta-analysis.](#)

Schag, K., Werthmann, J., Leehr, E. J., Preuss-van-Viersen, H., Skoda, E., Rentrop, V., et al. (2026). Obesity Reviews : An Official Journal of the International Association for the Study of Obesity, 27(5), e70058. doi:10.1111/obr.70058 (Access with Open Athens details)

[Neurofeedback for binge-eating disorder: Neurophysiological outcome predictors and rapid response.](#)

Schreglmann, B., Schmidt, R., Lührs, M., & Hilbert, A. (2026). The International Journal of Eating Disorders, 59(4), 766–777. doi:10.1002/eat.70023 (Access with Open Athend details)

[Understanding engagement experiences in an adapted digital cognitive behavioral intervention for lower-income adults with eating disorders with binge eating and/or purging: A qualitative analysis of barriers and facilitators.](#)

Yu K., Vendlinski S., Beck H., PerezFlores N.J., Drury C.R., FitzsimmonsCraft E.E., et al. (2026). International Journal of Eating Disorders, 59(4), 704–714. doi:10.1002/eat.70010 (Open Access)

[Incretin-based therapies for the treatment of binge eating-A systematic review.](#)

White, R. T., Henriquez, P., Innocent, B., Bullers, K., & Elmaoued, A. (2026). Pharmacotherapy, 46(5), e70135. doi:10.1002/phar.70135 (Request from the Library)

[Effects of cognitive load on food approach bias in individuals with binge eating disorder.](#)

Werle, D., Sablottny, L., Tuschen-Caffier, B., & Svaldi, J. (2026). Appetite, 219, 108434. doi:10.1016/j.appet.2025.108434 (Freely accessible)

ARFID

[Intensive multidisciplinary intervention for young children with ARFID: Clinical outcomes and parental experiences from a prospective cohort study.](#)

Holmäng, H., Brimo, K., Ås, A., Dinkler, L., Bryant-Waugh, R., Gillberg, C., et al. (2026). The International Journal of Eating Disorders, 59(4), 803–814. doi:10.1002/eat.70030 (Access with Open Athens details)

[When medically required food avoidance goes awry: A conceptual framework of ARFID as an underrecognized clinical complication of food allergy.](#)

Proctor, K. B., Vickery, B. P., & Sharp, W. G. (2026). The International Journal of Eating Disorders, 59(5), 864–868. doi:10.1002/eat.70049 (Access with Open Athens details)

[A systematic review and meta-analysis of psychological therapies for avoidant/restrictive food intake disorder \(ARFID\) in adolescents and adults.](#)

Winten, C. G., Strodl, E., Kambanis, P. E., Ross, L. J., & Thomas, J. J. (2026). The International Journal of Eating Disorders, doi:10.1002/eat.70086 (Open Access)



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Body Dysmorphic

[A population-based family clustering study of body dysmorphic disorder.](#)

Pol-Fuster, J., Fernández de la Cruz, L., Rautio, D., Crowley, J. J., Halvorsen, M., Du Rietz, E., et al. (2026). *Biological Psychiatry*, doi:10.1016/j.biopsych.2026.03.987 (Open Access)

LGBTQ+

[Correlates of body dissatisfaction and eating disorder symptoms in transgender and gender diverse populations: A systematic review.](#)

Laveway K., Rodgers R.F., Spagnolo J., Uyar R., Marmara J., & Doley, J. R. (2026). *Body Image*, 56(pagination), Article Number: 102029. Date of Publication: March 2026. doi:10.1016/j.bodyim.2025.102029 (Request from the Library)

Co-morbidities

[Change in PTSD and complex PTSD symptoms in residential treatment for eating disorders.](#)

Day, S., Mitchison, D., Tannous, W. K., & Hay, P. (2026). *European Eating Disorders Review : The Journal of the Eating Disorders Association*, 34(3), 805–810. doi:10.1002/erv.70075 (Access with Open Athens details)

[Efficacy, safety and tolerability of lisdexamfetamine dimesylate treatment compared with placebo in adults with binge-eating disorder: A systematic review and meta-analysis of randomised controlled trials.](#)

Ellwanger, M. P., Pomianoski, B. W., Vieira, D. L., Ellwanger, M. P., Astori, V., & Messinger, M. F. (2026). *European Eating Disorders Review : The Journal of the Eating Disorders Association*, 34(3), 770–779. doi:10.1002/erv.70070 (Request from the Library)

[The extent of eating disorders and comorbid psychopathology among adolescent school pupils.](#)

Fletcher, S., Jackson, T., Moukhtarian, T. R., Toro, C., Waller, G., & Meyer, C. (2026). *European Eating Disorders Review : The Journal of the Eating Disorders Association*, 34(3), 513–521. doi:10.1002/erv.70044 (Open Access)

[Uncertainty meets disordered eating and body image: A transdiagnostic network study across depressive, anxiety and anorexia nervosa symptoms including a control group.](#)

Granero, R., Krug, I., & Kiropoulos, L. (2026). *Nutrients*, 18(9), 1370. doi: 10.3390/nu18091370. doi:10.3390/nu18091370 (Open access)

[I am in the passenger seat of my own body: A qualitative interview study of the relationship between binge eating and concurrent problematic alcohol use.](#) Jansson M., Olsson L., Wiberg A.C., Parling T., Ghaderi A., & IngessonHammarberg, S. (2026). *Journal of Eating Disorders*, 14(1) (pagination), Article Number: 83. Date of Publication: December 2026. doi:10.1186/s40337-026-01576-z (Open Access)

[Is it time for a paradigm shift? trauma in the development of anorexia nervosa in adolescents.](#)

Jowik-Krzemińska, K., Słopień, A., & Tyszkiewicz-Nwafor, M. (2026). *Journal of Psychiatric Research*, 195, 97–104. doi:10.1016/j.jpsychires.2026.01.037 (Freely accessible)

[Binge eating disorder in bipolar I disorder: Prevalence, childhood trauma, and clinical correlates.](#)

Karabyık, B., Onur, Ö Ş, & Karamustafaloğlu, N. (2026). *Noro Psikiyatri Arsivi*, 63, 380–386. doi:10.29399/npa.29253 (Access with Open Athens)

[Stimulant use in the context of eating disorder treatment: A case study of a patient with co-occurring ADHD and an eating disorder.](#)

Meyer, A., Day, C. M. J., & Tchanturia, K. (2026). *Clinical Case Studies*, 25(3), 198–211. (Open Access)

[Adverse childhood experiences and anorexia nervosa: Mediating mechanisms and risk by adversity patterns.](#)

Sakurai, H., Ishikawa, S., Okubo, R., Mitsui, N., Miyano, F., Kako, Y., et al. (2026). *European Eating Disorders Review : The Journal of the Eating Disorders Association*, doi:10.1002/erv.70101 (Request from the Library)



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Child and Adolescent

Parental bonding and eating disorder core beliefs in a non-clinical sample.
Cooper, M. J., & Strodl, E. (2026). *Journal of Psychiatric Research*, 196, 40–43.
doi:10.1016/j.jpsychires.2026.01.027
(Request from the Library)

Adolescents' perceptions of disordered eating behaviors, influencing factors, and perceived effects on health and well-being.
Costa, A., Teixeira, B., Pereira, R., Warkentin, S., & Oliveira, A. (2026). *Journal of Nutrition Education and Behavior*, 58(5), 416–426. doi:10.1016/j.jneb.2026.01.008
(Freely accessible)

Temporal associations between body checking and eating pathology in adolescent girls with binge-spectrum eating disorders: Protocol for an ecological momentary assessment study.
Moussaoui, J., Manasse, S., & D'Adamo, L. (2026). *JMIR Research Protocols*, 15, e73447. doi:10.2196/73447
(Access with Open Athens)

Empowering parent-focused involvement in early detection and treatment of eating disorders.

Prema, S. S., & Shanmugamprema, D. (2026). *European Eating Disorders Review : The Journal of the Eating Disorders Association*, 34(3), 643–647.
doi:10.1002/erv.70060 (Request from the Library)

Child and adolescent mental health therapists' use of family-based treatment for adolescent restrictive eating disorders.

Sim, L. A., Lebow, J. R., & Whiteside, S. P. H. (2026). *Eating Disorders*, 34(3), 304–321. doi:10.1080/10640266.2025.2471709 (Access with Open Athens details)

The relationship between premorbid weight status and eating disorder onset in adolescents: A longitudinal study.

Tavella, G., Rogers, K., Bussey, K., Hay, P., Trompeter, N., & Mitchison, D. (2026). *The International Journal of Eating Disorders*, 59(5), 940–951.
doi:10.1002/eat.70042 (Access with Open Athens details)

Child and Adolescent and Anorexia Nervosa

Parental and peer relationships and their impact on symptom severity in adolescent patients with anorexia nervosa.

schitsaz, A., Schumacher, A. M., Lerch, S., Wyssen, A., Cavelti, M., Mürner-Lavanchy, I., et al. (2026). *European Eating Disorders Review : The Journal of the Eating Disorders Association*, 34(3), 845–857. doi:10.1002/erv.70072 (Access with Open Athens details)

Examining comorbid psychopathology symptoms as predictors of family based treatment for adolescents with anorexia nervosa and atypical anorexia nervosa in a real-world setting.

Wilson, D., Grimmer, H., Mendes, R. A., Irwin, J., Atherton, J., Litster, R., et al. (2026). *European Eating Disorders Review*, (Open Access)

Empowering parent-focused involvement in early detection and treatment of eating disorders.

Prema, S. S., & Shanmugamprema, D. (2026). *European Eating Disorders Review : The Journal of the Eating Disorders Association*, 34(3), 643–647. doi:10.1002/erv.70060
(Request from the Library)

Investigation of virtual multi-family therapy for adolescent anorexia nervosa: Feasibility and acceptability.

Arbit, S. E., Anderson, K., Desai, S., & Bernstein, K. (2026). *Journal of Eating Disorders*, 14(1), 97. doi: 10.1186/s40337-0. doi:10.1186/s40337-026-01575-0

The effectiveness of psychological treatment for anorexia nervosa in adolescents: A critical review of randomized controlled trials.

Broersma, R. A., Zeegers, M. A. J., Roest, J., Lindauer, R. J. L., Harteveld, F., van der Helm, P., et al. (2026). *The International Journal of Eating Disorders*, 59(5), 829–853.
doi:10.1002/eat.70031

Maximal weight loss is strongly correlated with maximal BMI in adolescents with anorexia nervosa and atypical anorexia nervosa.

Matthews, A., Quadflieg, N., Hebebrand, J., & Voderholzer, U. (2026). *European Eating Disorders Review : The Journal of the Eating Disorders Association*, 34(3), 522–527.
doi:10.1002/erv.70048 (Access with Open Athens)

Childhood adverse experiences in anorexia nervosa: Impact on comorbid psychopathological features and cumulative effect on clinical severity.

Longo, P., Toppino, F., Martini, M., Terrenghi, C., Delsedime, N., & Abbate-Daga, G. (2026). *European Eating Disorders Review : The Journal of the Eating Disorders Association*, 34(3), 544–556. doi:10.1002/erv.70052 (Access with Open Athens)



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