

perfect care
Suicide prevention
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study
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Mersey Care
NHS Foundation Trust

Community and Mental Health Services

3 April 2024

Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.

Studies

[The impact of depressive and anxious symptoms on non-suicidal self-injury behavior in adolescents: a network analysis -](#)

In adolescents, the network revealed a closer connection between NSSI and depressive symptoms. "The desire to not stop hurting oneself" is not only broadly connected to other nodes but also could activate other nodes to maintain NSSI behavior. In light of these findings, precise targets for pharmacological treatment, psychotherapy, physical therapy, etc., are identified for adolescents with NSSI. Targeting this specific aspect in interventions may contribute to preventing and reducing NSSI behavior in adolescents.

[Examining the relationship between non-suicidal self-harm and suicidality within the past 12-months and gaming problems in Norwegian full-time students](#)

Among females, the risk of non-suicidal self-harm and suicidal ideation increased from non-gamer to problem gamer, with no differences between problem and addicted gamers. Among males, the risk of non-suicidal self-harm increased from non-gamers to engaged gamers, but no differences were observed between engaged, problematic, and addicted gamers. No sex × gaming category interaction was observed for suicide attempts. Engaged and addicted gamers had higher risks of suicide attempt than non-gamers and recreational gamers.

[Rising temperatures and poor mental health: new review explores suicidal behaviour and mental health hospital attendance or admission](#)

Considers a systematic review exploring the impact of rising temperatures and poor mental health, which suggests links to suicide, mental health hospital attendance and hospitalisation, and worse psychological outcomes.

[The enforced use of cameras in patients' bedrooms may not reduce the incidence of self-harm](#)

Looks at a recent study of the Oxevision system, which claims that their 'vision-based patient monitoring' reduces self-harm on acute mental health wards.



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Report

[Escalating Crisis – Preventable Loss of Young Lives](#)

Monitoring the Mental Health Act is CQC's annual report on the use of the Mental Health Act (MHA). It looks at how providers are caring for patients, and whether patients' rights are being protected.

Webinar

[Mind Matters Mental Health Symposium](#)

Research fellow Dr Leah Quinlivan was the keynote speaker at the 4th Mind Matters Mental Health Symposium. Her talk on evidence-based care following self-harm: prediction, assessments & aftercare, is now on YouTube.

News

[Suicidal thoughts more common than many realise new Samaritans survey reveals](#)

A new nationwide poll from Samaritans has revealed that nearly three-quarters (71%) of UK adults are unaware just how many people experience suicidal thoughts at some point in their lives.

[Teachers' mental health 'crisis' prompts call for suicide prevention strategy](#)

All school leaders should receive suicide prevention training to help tackle a "mental health emergency" among teachers, under a plan unanimously backed by a vote by union members. A workforce survey of members of the NASUWT teaching union found that some teachers had been driven to the point of suicide by the stress of the job. Among 12,000 responses, 23% reported drinking more alcohol, 12% the use of or increased use of antidepressants, and 3% said they had self-harmed as a result of their work.

[Police in England must keep answering mental health calls, charity urges](#)

Ministers should order police forces in England to keep attending mental health calls until more funding is in place for the NHS to plug the gap or risk further deaths, a charity is urging. Rethink Mental Illness has written to the home and health secretaries asking them to immediately pause the right-care-right-person scheme, which allows police forces to step back from responding to mental health callouts, after "a series of tragic deaths" associated with the change.

