



Library Information Service

Lancashire and South Cumbria NHS FT

Library News

January 2025

Hello 2025. We hope you all had a lovely Christmas and New Year and look forward to the adventures set ahead for 2025. January is the perfect opportunity to set new goals, whether this at work or home and think about your own personal needs as well as others. This January many of you may be taking part in events such as Dry January or Veganuary—or maybe you just want to break the mould with some new recipes? Take a look at our books below; why not get in touch for us to post them out to you? Our aim this year is to continually strive to deliver the best service to all our colleagues. Whether you need support with a literature search, article request or training session, we will try our best to answer your queries. Please come and visit us if you are attending any sessions at the Lantern Centre or email us on: academic.library@lscft.nhs.uk. This Health Information week—(Jan 20th—25th) we will be showcasing our work around the Lancashire Health Hub, promoting to the general public alongside our staff. We will be hosting a session on Health Literacy and the impact this can have on patient understanding, please see our lunch and learn details below or get in touch for this to be delivered with your team.

Dates for your Diary:

Cervical Cancer Prevention Week—20th Jan
Race against Dementia Day—21st Jan

Health Information Week - 20th Jan
National Reading Day—23rd Jan

Welcome to Lancashire Health Hub

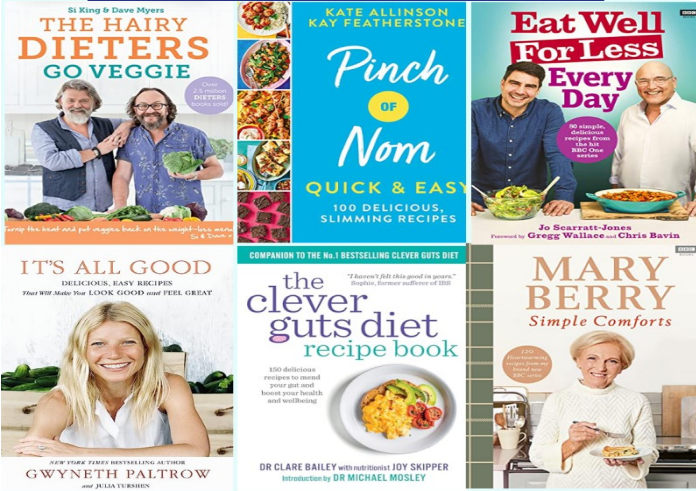
Helping you find trusted health information...

Find local
Hospitals
GPs
Walk-in centres
Pharmacies
Libraries

Easy Read

Services

lancashirehealthhub.nhs.uk



How Do I?

Find an article?

Visit: Lancashire and South Cumbria NHS Foundation Trust — [Browse](#) type in the Journal Article or ISSN and see if we have access.

For easy access download: [Libkey Nomad](#). Select your chosen browser and find LSCFT Trust. Simply click the green flame if you are interested in reading the article then read online or request.

Alternatively send the details of your article to the academic inbox: academic.library@lscft.nhs.uk

• SHARING KNOWLEDGE •

LUNCH AND LEARN

WITH KATIE ROPER

Tuesday 28th
January
12-1pm

Health Literacy Awareness

WHO?
Katie Roper is our Outreach Librarian, helping to support staff to embed evidence into their daily practice.

WHAT?
You will learn about what health literacy is, what low health literacy may look or feel like for the public and how this impacts on the NHS or direct patient care.

HOW?
All library members will receive a Teams invite to attend the session. Email: katie.ropel@lscft.nhs.uk if you would like a Teams invite to be extended to you, your colleagues or your department.

For any more information, support or queries regarding any resources in this newsletter please email:

Academic.library@lscft.nhs.uk

Opening Hours:

9:00am – 4:30pm Monday to Friday

Gosall Library | Lantern Centre | Vicarage Lane | Preston | PR2 8DW