



Library Information Service

Lancashire and South Cumbria NHS FT

Library News

July 2025

Summer is officially here, with longer sunlit days and blooming gardens we can say a bright and cheery hello to July. This month is South Asian Heritage month, a time to honour the rich cultures, histories, and contributions of South Asian communities. Take a look at some resources or events here: [South Asian Heritage Month](#) . The library have made a few changes to our literature search forms, please take a look at our [revised form](#) to ensure we can find evidence tailored to your specific needs. We are looking forward to hosting some library drop in sessions this month—providing staff the opportunity to come and speak to us, learn about our resources and see how we can help support you to embed evidence into your practice (take a further look below). We offer these sessions Trust wide— please email the library team to arrange for your team/department. We are working towards maintaining access to the Psychinfo database on our Ovid platform and will keep you updated with any progress. That's if from us, in the meantime we'll be supporting our British tennis players throughout this year's Wimbledon championship.

Dates for your Diary:

Research Appreciation Day—5th July

National Schizophrenia Awareness Day—25th July

Samaritans Awareness Day—24th July (24/7)



RESOURCE OF THE MONTH MAUDSLEY PRESCRIBING GUIDELINES IN PSYCHIATRY

The Maudsley Prescribing Guidelines is the essential reference for the prescribing of drugs for patients with mental health disorders.

The e-book (also available to download as a PDF) provides up-to-date information, expert guidance on prescribing practice in mental health, including drug choice, treatment of adverse effects and how to augment or switch medications.

The text covers a wide range of topics including pharmacological interventions for schizophrenia, bipolar disorder, depression and anxiety, and many other less common conditions.

Accessible with an Open Athens account



Log in with your [Open Athens](#) account

Some of our texts relating to alcohol awareness week— visit our [full catalogue](#) to browse further titles:



How Do I?

Share my research across the Trust?

The Library creates an LSCFT Research bulletin which is shared with staff 3 times throughout the year. If you or your colleagues have published a paper recently, please send details of the article to:

Academic.library@lscft.nhs.uk

We will feature you in our next edition.

LIBRARY DROP IN SESSION

01

BMJ Best Practice

Resources

Come and see what resources are on offer to you when you sign up to the library. Not only do we offer resources related to books, texts and articles- we also offer clinical decision making tools, databases and resources for service users.

Support

See how the library can support you to embed evidence into your practice. Need help finding evidence relating to patient care, service planning or care pathways? Have a chat with our team to see how we can help.

02

The Royal Marsden Manual of Clinical Nursing Procedures

03

NHS Knowledge and Library Hub

Training

We can provide group and 1:1 support in finding evidence, critical appraisal, health/digital literacy awareness and academic writing. Talk to our team about how to arrange or training needed to support your individual or team needs.

For any more information, support or queries regarding any resources in this newsletter please email:

Academic.library@lscft.nhs.uk

Opening Hours:

9:00am – 4:30pm Monday to Friday

Gosall Library | Lantern Centre | Vicarage Lane | Preston | PR2 8DW