



Library Information Service

Lancashire and South Cumbria NHS FT

Library News

March 2025

Welcome to March— Spring is nearly with us with the start of Daylight Saving Time; remember our clocks will go forward on Sunday 30th March. This month celebrates Brain tumour awareness month—this year the Brain Tumour Charity are holding The Twilight Walk. You can find out more about raising awareness or fundraising for your own walk [here](#). March is also Ovarian Cancer Awareness month— you can share [a digital toolkit](#) with staff, friends or family to raise awareness including key symptoms, presentations and resources. Next week celebrates Shrove Tuesday— you can take a look at some new or experimental pancake recipes here and get the whole family involved in meal times: [Pancake Day Recipes](#) | [Good Food](#). This Healthcare Science week- 10th –16th March you can raise awareness of your science profession to help support staff profiles within the NHS. Find out more here: [NHS England » Healthcare Science Week](#). We are excited to be re-running our 'Introduction to Publication' workshops again at the end of this month. This is aimed at clinicians who have expressed an interest in academic writing. The workshops build skills within evidence searching and aims to give you the confidence to write and submit an e-letter within the BJPsych Bulletin. Email: Katie.roper@lscft.hs.uk for more information or to book a place.

Dates for your Diary:

International Women's Day—8th March
Young Carer's Action Day— 16th March

National No Smoking Day—12th March
World Down Syndrome Day —21st March



RESOURCE OF THE MONTH

BMJ BEST PRACTICE

BMJ is a clinical decision support tool for health professionals providing step by step guidance on diagnosis, treatment and prevention.

[BMJ Best Practice](#) is fully evidence based and regularly updated using the latest evidence.

It provides comprehensive information on clinical topics including:

- epidemiology
- treatment options
- differential diagnoses
- clinical calculators
- patient leaflets

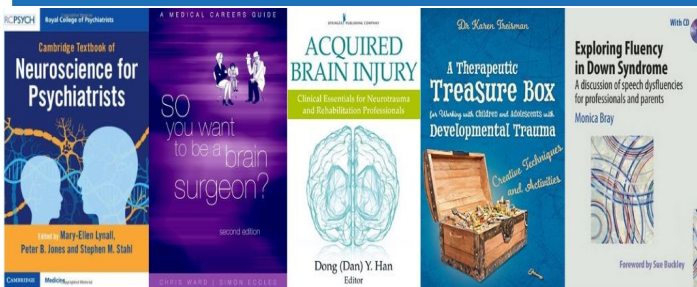


SCAN ME

BMJ Best Practice

Make decision making on the job easier; download BMJ app on mobile and tablet devices:

<https://www.bmj.com/about-bmj/bmj-app>



How Do I?

Get an Open Athens account?

Open Athens is the gateway to all our online resources including journals, articles, databases and clinical decision making tools.

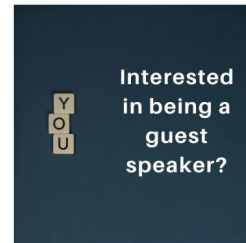
Anyone in the Trust can create an account . You can do this by completing this simple online form:

[OpenAthens | Registration](#)

For any further support or queries related to your account please email:

Academic.library@lscft.nhs.uk

• SHARING KNOWLEDGE • LUNCH AND LEARN



WHO?

You or your team could get involved to share or advertise your service, share development news or advise on topics that you specialise in.

WHAT?

Lunch and learns offer an online forum which is shared Trust wide. All our members are invited and details of each event are shared throughout the Trust update. Sessions normally run throughout the lunch hour 12-1pm but this is flexible.

HOW?

If you're interested in being a guest speaker, please email: academic.library@lscft.nhs.uk with the month you would like to present and a brief overview of what you would like to cover within the session.

For any more information, support or queries regarding any resources in this newsletter please email:

Academic.library@lscft.nhs.uk

Opening Hours:

9:00am – 4:30pm Monday to Friday

Gosall Library | Lantern Centre | Vicarage Lane | Preston | PR2 8DW