



Eating Disorders

[Acceptance and Commitment Therapy for Eating Disorders.](#)

Merwin RM, Moskovich AA, Scheiber F. Psychiatr Clin North Am. 2025 Sep;48(3):521-535. doi: 10.1016/j.psc.2025.02.007. Epub 2025 Apr 4. PMID: 40738531.

[A feasibility study of an add-on psychomotor body-image protocol during CBT-E in female patients with an eating disorder.](#)

Mares SHW, Voskamp M, Wezenberg E, van Elburg AA. J Behav Ther Exp Psychiatry. 2025 Sep;88:102034. doi: 10.1016/j.jbtep.2025.102034. Epub 2025 Mar 29. PMID: 40179772.

["If There Are Restrictions Within the Restrictions, That's When You Can Probably Get Concerned": Key Indicators for Untying Vegetarianism and Veganism From Eating Disorder Pathology.](#)

McLean CP, de Boer K, Bray M. Int J Eat Disord. 2025 Sep;58(9):1723-1731. doi: 10.1002/eat.24475. Epub 2025 May 23. PMID: 40406828; PMCID: PMC12423574.

[Body image, self-esteem, emotion regulation, and eating disorders in adults: a systematic review.](#)

Abdoli M, Schiechl E, Rosato MS, et al. Neuropsychiatr. 2025 Sep;39(3):118-132. doi: 10.1007/s40211-025-00544-4. Epub 2025 Aug 20. PMID: 40830328; PMCID: PMC12397123.

["It helps me to be more aware and connected to my body when I spent so many years trying to disconnect": A qualitative pilot study on the impact of time spent in nature on eating disorder recovery.](#)

Buchkowski M, Nutter S, Saunders JF. Body Image. 2025 Sep;54:101951. doi: 10.1016/j.bodyim.2025.101951.

Epub 2025 Aug 7. PMID: 40780079.

[A feasibility study of an add-on psychomotor body-image protocol during CBT-E in female patients with an eating disorder.](#)

Mares SHW, Voskamp M, et al. J Behav Ther Exp Psychiatry. 2025 Sep;88:102034. doi: 10.1016/j.jbtep.2025.102034. Epub 2025 Mar 29. PMID: 40179772.

[The Medical Complications of Purging Behaviours Associated With Eating Disorders.](#)

Gibson D, Sterrett K, Nemani S, Mehler PS. Eur Eat Disord Rev. 2025 Sep;33(5):853-863. doi: 10.1002/erv.3178. Epub 2025 Mar 12. PMID: 40070165.

[Psychometric evaluation and refinement of the Eating Disorder Examination Questionnaire in a clinical eating disorder sample.](#)

Jeon ME, Abber SR, Broshek CE, et al. Psychol Assess. 2025 Sep;37(9):428-441. doi: 10.1037/pas0001399. PMID: 40811134.



Eating Disorders

[Beyond the Diagnostic Checklist: A Large-Scale Analysis of Under-Recognized Weight Loss Behaviors in Individuals With Eating Disorders.](#)

Kakar S, Foye U, Davies HL, et al. Int J Eat Disord. 2025 Sep;58(9):1806-1816. doi: 10.1002/eat.24477. Epub 2025 Jun 17. PMID: 40527344; PMCID: PMC12423573.

[Dimensions of insight in eating disorders: clinical and psychological predictors.](#)

Gawron LP, Garrido-Ribas I, Amaro-Carriba MA, et al. Psychiatry Res. 2025 Sep;351:116566. doi: 10.1016/j.psychres.2025.116566. Epub 2025 May 29. PMID: 40482577.

[Exploring muscularity concerns and behaviours among boys and men with probable eating disorders.](#)

Ganson KT, Rodgers RF, Testa A, et al. Body Image. 2025 Sep;54:101953. doi: 10.1016/j.bodyim.2025.101953. Epub 2025 Aug 27. PMID: 40876345.

[Is eating disorders a risk agent for all-cause mortality: a meta-analysis.](#)

Amiri S, Ab Khan M. Eat Disord. 2025 Sep-Oct;33(5):602-636. doi: 10.1080/10640266.2024.2402634. Epub 2024 Sep 21. PMID: 39305155.

[Making disordered bodies in the context of male eating disorders.](#)

Maron P. Soc Sci Med. 2025 Sep;381:118250. doi: 10.1016/j.socscimed.2025.118250. Epub 2025 May 27. PMID: 40479803.

[Smartphone Applications for Eating Disorders: A Systematic Review and Meta-Analysis of Randomized Controlled Trials.](#)

Cruz T, Duarte C, Ferreira TB, et al. Int J Eat Disord. 2025 Sep;58(9):1662-1682. doi: 10.1002/eat.24488. Epub 2025 Jun 19. PMID: 40536349.

[Self-Guided Psychological Interventions for the Treatment and Prevention of Eating Disorders: A Meta-Analysis of Randomized Controlled Trials.](#)

Linardon J, Liu C, McClure Z, et al. Eur Eat Disord Rev. 2025 Sep;33(5):984-994. doi: 10.1002/erv.3201. Epub 2025 Apr 14. PMID: 40227160; PMCID: PMC12319140.

['It's the perfect storm': why are people with eating disorders at risk of suicide? A qualitative study](#)

Foye U, Kakar S, McNamara N, et al. BMC Med. 2025 Aug 15;23(1):481. doi: 10.1186/s12916-025-04326-1. PMID: 40817222; PMCID: PMC12357418.

[Short-term impact of BREF-ED, an early, single-family psychoeducational programme for caregivers of individuals with eating disorders: A retrospective pilot study.](#)

Scanferla E, de Salle J, Monthuy-Blanc J, et al. Eur Psychiatry. 2025 Aug 22;68(1):e121. doi: 10.1192/j.eurpsy.2025.10089. PMID: 40843472.

Anorexia Nervosa

Unravelling the knot: Investigating avoidance learning in anorexia nervosa.

Spix M, Jansen A. Behav Res Ther. 2025 Sep;192:104779. doi: 10.1016/j.brat.2025.104779. Epub 2025 May 19. PMID: 40466210.

Effects of anorexia nervosa on structural morphometry of the brain in adolescents and adults after weight recovery: A systematic review.

Leverett SD, Cherubin S, Roche-Dean M, Weller BE. Psychiatry Res Neuroimaging. 2025 Sep;352:112043. doi: 10.1016/j.psychresns.2025.112043. Epub 2025 Aug 11. PMID: 40839923.

What the Eye Sees, the Mind Rejects: Implicit Visual Processing of Food Images in Anorexia Nervosa. Dimakopoulou M, Ciorli T, Pyasik M, Andriet al. Eur Eat Disord Rev. 2025 Sep;33(5):1099-1110. doi: 10.1002/erv.3210. Epub 2025 May 19. PMID: 40390265; PMCID: PMC12319129.

The experience of treatment for eating disorders as told by content creators on TikTok

Kells MR, Davis HA, Roske C, et al. . Eat Disord. 2025 Sep-Oct;33(5):583-601. doi: 10.1080/10640266.2024.2401669. Epub 2024 Sep 23. PMID: 39312503.

Long Term Outcomes of Guided Internet-Based Cognitive Behavioral Therapy for Anorexia Nervosa: 3-Year Follow-Up.

Hamatani S, Matsumoto K, Takahashi J, et al. *Brain Behav.* 2025 Sep;15(9):e70731. doi: 10.1002/brb3.70731. PMID: 40922447; PMCID: PMC12417561.

Influence of individual illness perception on readiness to change behavior in patients with anorexia nervosa.

Neu L, Maunz L, Vedova S, et al, Neuropsychiatr. 2025 Sep;39(3):107-117. English. doi: 10.1007/s40211-025-00540-8. Epub 2025 Aug 1. PMID: 40750739.

Bulimia Nervosa

Dissecting the Causal Association Between Bulimia Nervosa and Structural Brain Abnormalities: A Two-Sample Bidirectional Mendelian Randomization Study.

Li W, Wang X, Wang Y, et al . Brain Behav. 2025 Sep;15(9):e70859. doi: 10.1002/brb3.70859. PMID: 40931542; PMCID: PMC12423433.

Weight Suppression, Binge Eating, and Purging as Predictors of Weight Gain During Inpatient Treatment in Persons With Bulimia Nervosa.

Meule A, Dieffenbacher AL, Kolar DR, Voderholzer U. Eur Eat Disord Rev. 2025 Sep;33(5):941-949. doi: 10.1002/erv.3197. Epub 2025 Apr 7. PMID: 40195010; PMCID: PMC12319125.

ARFID

[The Association of Avoidant/Restrictive Food Intake Disorder \(ARFID\) and Neurogastroenterology Disorders \(Including Disorders of Gut-Brain Interaction \[DGBI\]\): A Scoping Review.](#)

Mikhael-Moussa H, Bertrand V, Lejeune E, et al. Neurogastroenterol Motil. 2025 Sep;37(9):e70039. doi: 10.1111/nmo.70039. Epub 2025 Mar 30. PMID: 40159723;

PMCID: PMC12351358.

[Weight/Shape concerns in youth with Avoidant/Restrictive Food Intake Disorder \(ARFID\).](#)

Jhe GB, Chad-Friedman E, Eldredge O, et al. Eat Disord. 2025 Sep- Oct;33(5):651-665. doi: 10.1080/10640266.2024.2404788. Epub 2024 Sep 21. PMID: 39305159.

[Sleep disturbances, night eating, and depression in patients with binge-eating disorder.](#)

Velimirović M, Campione M, Manwaring J, Rienecke RD, Riddle M, et al Psychiatr Res. 2025 Sep;189:488-494. doi:0.1016/j.jpsychires.2025.07.008. Epub 2025 Jul 30. PMID: 40752120.

[Mechanisms of Change in Cognitive-Behavioral Therapy for Adults With Binge-Eating Disorder: A Dynamic Structural Equation Modeling Approach.](#)

Schmidt R, Schewe D, Herpertz S, et al. Int J Eat Disord. 2025 Sep;58(9):1701-1709. doi: 10.1002/eat.24469. Epub 2025 May 21. PMID: 40396334; PMCID: PMC12423583.

Binge Eating

[Pharmacotherapies for Binge Eating Disorder: Systematic Review and Network Meta-Analysis.](#)

Costa GPA, Assunção BR, Belfort-DeAguiar R, Nunes JC. Obes Rev. 2025 Sep;26(9):e13936. doi: 10.1111/obr.13936. Epub 2025 May 8. PMID: 40344489.

[Shared and Unique Risk Factors for Binge Eating and Binge Drinking in a Community-based Sample of Girls.](#)

Goldschmidt AB, Mason T, Smith KE, et al. Res Child Adolesc Psychopathol. 2025 Sep;(9):1425-1434. doi: 10.1007/s10802-025-01342-w. Epub 2025 Jun 18. PMID: 40531293.

[Smartphone-Supported Cognitive-Behavioral Therapy in Binge-Eating Disorder: An Exploratory Randomized Trial.](#)

Hilbert A, Klotz U, Sadeghi S, et al. Int J Eat Disord. 2025 Sep;58(9):1793-1805. doi: 10.1002/eat.24479. Epub 2025 Jun 16. PMID: 40519052; PMCID: PMC12423581.

Obesity

[The Prevalence of Eating Disorders and Disordered Eating in Adults Seeking Obesity Treatment: A Systematic Review With Meta-Analyses.](#)

Melville H, Lister NB, Libesman S, et al. Int J Eat Disord. 2025 Sep;58(9):1644-1661. doi: 10.1002/eat.24483. Epub 2025 Jun 10. PMID: 40491294; PMCID: PMC12423590.

Sept 2025

Library &
Information
Service



We are
LSCft

Sept 2025

Library &
Information
Service



Anorexia Nervosa and Youth

[Effects of Childhood Emotional Abuse on Treatment Outcome in Adolescent Inpatients With Anorexia Nervosa.](#)

Monteleone AM, Carfagno M, Meule A, et al. Int J Eat Disord. 2025 Sep;58(9):1769-1776. doi: 10.1002/eat.24484. Epub 2025 Jun 6. PMID: 40476338; PMCID: PMC12423589.

[Adolescent Anorexia Nervosa: Disentangling Inpatient Therapeutic Interventions.](#)

Goldstein A, Huger O, Lavan O, Rotet al. Eur Eat Disord Rev. 2025 Sep;33(5):950-956. doi: 10.1002/erv.3198. Epub 2025 Apr 8. PMID: 40200548.

[Effects of Early Weight Trends on Residential Treatment Outcomes Among Adolescents With Anorexia Nervosa](#)

Singh S, Gorrell S, Drury CR, et al. Int J Eat Disord. 2025 Sep;58(9):1758-1768. doi: 10.1002/eat.24480. Epub 2025 Jun 5. PMID: 40468841.

[Equine therapy in the management of teenagers with anorexia nervosa: a qualitative study.](#)

Lepy C, Letranchant A, Aniorte JL, et al. Eat Weight Disord. 2025 Aug 16;30(1):66. doi: 10.1007/s40519-025-01724-5. PMID: 40817957; PMCID: PMC12357790.

[Coaching Family- Based Method for Anorexia Nervosa Experienced by Adolescents and Parents in Primary Care: A Qualitative Descriptive Study.](#)

Pääaho M, Kerimaa H, Ronkainen J, et al. J Pediatr Health Care. 2025 Sep-Oct;39(5):737-749. doi: 10.1016/j.pedhc.2025.04.009. Epub 2025 May 20. PMID: 40396932.

Child/adolescent

[Validated eating disorder screening tools for paediatric populations: A systematic review.](#)

Jabs M, Pennesi JL, Baillie S, et al. Psychiatry Res. 2025 Sep;351:116631. doi: 10.1016/j.psychres.2025.116631. Epub 2025 Jul 5. PMID: 40706277.

[Mother-Father Distress, Accommodation, and Child Eating Disorder Behaviors: A Dyadic Perspective.](#)

Bédard A, Côté M, Meilleur D, et al. Fam Process. 2025 Sep;64(3):e70070. doi: 10.1111/famp.70070. PMID: 40908672; PMCID: PMC12411752.

[Evidence of Altered Biobehavioral Threat Processes in Adolescents With Eating Disorders: A Scoping Review.](#)

Gorrell S, Ramappa S, Richson B, Douet al. Int J Eat Disord. 2025 Sep;58(9):1619-1643. doi: 10.1002/eat.24485. Epub 2025 Jun 9. PMID: 40485626; PMCID: PMC12212969.

[Pitfalls in the diagnosis of eating disorders: a case series from infancy to adolescence.](#)

Fiordelisi A, Stivala M, Pellegrino R, et al. Eat Weight Disord. 2025 Aug 28;30(1):71. doi: 10.1007/s40519-025-01781-w. PMID: 40877561; PMCID: PMC12394320.

We are
LSCft

Sept 2025

Library &
Information
Service



Co-Morbidities

[Comorbid posttraumatic stress disorder complicates eating disorder treatment: A nationwide study.](#)

Hübel C, Johansson T, Mundy J, et al
Psychiatry Res. 2025 Sep;351:116563. doi:
10.1016/j.psychres.2025.116563. Epub
2025 May 24. PMID: 40472598.

[Treatment effectiveness for comorbid anorexia nervosa and obsessive-compulsive disorder: a systematic review.](#)

Steinhoff MF, Massmann M, Gilbert K. Int J
Psychiatry Clin Pract. 2025 Sep;29(3):97-
109.
doi:10.1080/13651501.2025.2537660.
Epub 2025 Jul 28. PMID: 40720930;
PMCID: PMC12400871.

[Prevalence of Eating Disorders in Individuals With Schizophrenia Spectrum Disorder: A Systematic Review and Meta-Analysis.](#)

Sahu SS, Khatib MN, Mm R, et al Eur Eat
Disord Rev. 2025 Sep;33(5):1017-1031.
doi: 10.1002/erv.3199. Epub 2025 Apr 19.
PMID: 40252211.

[Cognitive flexibility and emotion regulation in eating disorder patients with comorbid generalized anxiety and posttraumatic stress symptoms.](#)

Thompson CJ, Martin-Wagar CA. Eat
Disord. 2025 Sep-Oct;33(5):666-680.
doi:10.1080/10640266.2024.2405290.
Epub 2024 Sep 19. PMID: 39300694;
PMCID: PMC11920903.

[Exploring the internal medicine comorbidities associated with eating disorders: correlation between disease severity and cardiac abnormalities in adolescent patients with anorexia nervosa.](#)

Adamo E, Pisano T. Eat Disord. 2025 Sep-
Oct;33(5):637-650. doi:
10.1080/10640266.2024.2404787. Epub
2024 Sep 17. PMID: 39290066.

Access to articles

You may need to login with your [OpenAthens](#) account to view some of the full text links in this bulletin.

If you would like to read any of the articles in this bulletin which do not have links to the full text please request them from the library: academic.library@lscft.nhs.uk

Make articles more accessible by downloading LibKey Nomad directly to your browser: [Download LibKey Nomad - Third Iron](#)

**We are
LSCft**