



# Library Information Service

Lancashire and South Cumbria NHS FT

## Library News

September 2025

September has arrived and the academic year starts once again—whether it's our little ones starting school for the first time or adults returning to education after a substantial break. The Library & Information Service is available to all staff and students working or studying in the Trust. We are here to support evidence based practice, connecting you to high quality information to assist you in providing the best services possible to our service users. The Gosall Library is based at the Lantern Centre (Preston) so if you are here for a meeting or training, please call in and say 'hello'. We will be developing our training program over the next coming months— if there are any aspects of evidence based practice you feel you would need more support with— please get in touch with the team to express your interests.

There are quite a few awareness days this month including the World's Biggest Coffee Morning for Macmillan on 26th September. A great excuse for a break, a cup of coffee and a large piece of cake!

Other dates for your diary include:

**World Suicide Prevention Day** – 10th September

**World Patient Safety Day**– 17th September

**Organ Donation Week**– 22nd—27th September

**World Sepsis Day**– 13th September

**World Pharmacists Day**– 25th September



### RESOURCE OF THE MONTH

## BMJ BEST PRACTICE

BMJ is a clinical decision support tool for health professionals providing step by step guidance on diagnosis, treatment and prevention.

BMJ Best Practice is fully evidence based and regularly updated using the latest evidence.

It provides comprehensive information on clinical topics including:

- epidemiology
- treatment options
- differential diagnoses
- clinical calculators
- patient leaflets



BMJ Best Practice

Make decision making on the job easier; download BMJ app on mobile and tablet devices:

<https://www.bmj.com/about-bmj/bmj-app>

### Looking for a hot desking space?

The library offers a quiet and relaxing space to work from. Simply turn up with your laptop or use one of our desktops. No need to book— simply turn up and settle for the and settle in for the day.



### • SHARING KNOWLEDGE •

## LUNCH AND LEARN DR NARINDER GOSALL - CRITICAL APPRAISAL

Wednesday 24<sup>th</sup> September  
12:00- 13:00



### WHO?

Dr Narinder Gosall is a specialist within the field of critical appraisal and is a director of the Critical Appraisal Company. She is also the author of the Doctors Guide to Critical Appraisal

### WHAT?

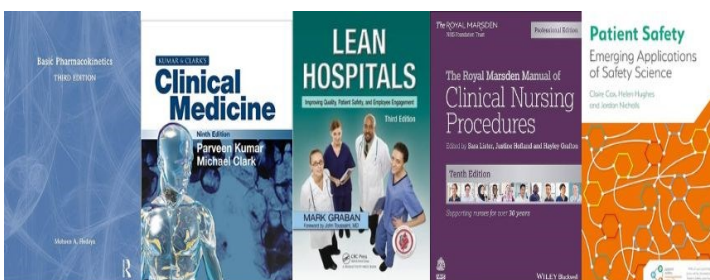
Learn about the skills involved in appraising a clinical research paper through this introduction to critical appraisal session. This training aims to build upon skills to help you read a paper with more confidence and understanding. Learn from Narinder's experience and have the opportunity to engage in conversations with a world renowned teacher in this field.

### GET INVOLVED

Email [katie.ropar@lscft.nhs.uk](mailto:katie.ropar@lscft.nhs.uk) if you would like a Teams invite to be extended to you, your colleagues or your department.



[Access our full catalogue here.](#)



For any more information, support or queries regarding any resources in this newsletter please email:

[Academic.library@lscft.nhs.uk](mailto:Academic.library@lscft.nhs.uk)

Opening Hours:

9:00am – 4:30pm Monday to Friday

Gosall Library | Lantern Centre | Vicarage Lane | Preston | PR2 8DW