

Current Awareness Bulletin – Spirituality and Mental Health – September 2025

1. [A review of the complex intersection between religion, spirituality, and harm reduction.](#) Van Denend J et al. *Am J Addict.* 2025 Sep; 34(5):495-505.
2. [Caregiving: A Journey of Grace.](#) Hermanns M and Greer D. *J Christ Nurs.* 2025 Oct-Dec 01; 42(4):225-229.
3. [Effectiveness of Interventions on Death Anxiety and Fear in Adults with Chronic Disease: A Systematic Review and Meta-Analysis of Randomized Controlled Trials.](#) Gulbahar Eren M et al. *Omega (Westport).* 2025 Sep;91(4):2007-2036.
4. [Exploring Psychedelics for Alleviating Existential and Spiritual Suffering in People With Serious Illnesses: Links to the Theory of Self-Transcendence.](#) Garcia ACM et al. *J Holist Nurs.* 2025 Sep;43(3):303-315.
5. [Perceptions of Mental Health, Shame and Help-Seeking Among Sikhs in the UK: A National Survey.](#) Uppal S et al. *J Community Psychol.* 2025 Sep;53(7):e70043.
6. [Relationship Between Geriatric Nurses' Spiritual Care Perceptions and Professional Attitudes, a Cross-Sectional Study.](#) Fang T et al. *J Clin Nurs.* 2025 Sep;34(9):3857-3869.
7. [Religiosity: A resilience factor protecting against depression in medical interns.](#) Kriebel AR et al. *Acta Psychol (Amst).* 2025 Sep;259:105352.
8. [Religious-Tailoring of Mental Health Services in Ontario: A Qualitative Study Exploring Service User and Provider Recommendations.](#) Faruk S et al. *J Community Psychol.* 2025 Sep; 53(7):e70036.
9. [Roles of Loneliness, Stress, and Religiosity in Suicide Ideation Among Nigerian Older Adults.](#) Ebulum GC et al. *Int J Aging Hum Dev.* 2025 Sep; 101(2):225-246.
10. [Scoping Review of Trauma-Informed Yoga \(TIY\) for Survivors of Sexual, Domestic, and Interpersonal Violence and Development of the WELLNESS Mnemonic to Characterize TIY Outcomes.](#) Hong A et al. *J Integr Complement Med.* 2025 Sep;31(9):789-801.
11. [Silent Needs, Shared Stories: A Narrative Inquiry Into Spiritual Care in Paediatric Critical Care Settings.](#) Atefeh S et al. *Nurs Crit Care.* 2025 Sep;30(5):e70146.
12. [Spiritual struggles drive psychological distress in psychotherapy: Replication of findings using a practice-research network.](#) Currier JM et al. *Psychotherapy (Chic).* 2025 Sep;62(3):424-431.
13. [Spirituality and Continued Abstinence Among Methamphetamine Users in a 12-Step Program in Japan: Data From a Cohort Study of Residential Substance Use Treatment.](#) Ofuchi T et al. *Neuropsychopharmacol Rep.* 2025 Sep; 45(3):e70032.
14. [Supporting religion and spirituality at the bedside.](#) Bingham KW and Lundquist AD. *Nursing.* 2025 Oct 1;55(10):23-33.
15. [The Associations Between Death Anxiety, Supernatural Beliefs, Caring for Loved Ones and Attachments.](#) Rezapour M and Ferraro FR. *Omega (Westport).* 2025 Sep;91(4):2103-2118.

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16. [The practice of yoga and associations with embodiment, body image, internalized weight stigma, and disordered eating in a population-based sample of young adults.](#) Neumark-Sztainer D et al. *Body Image*. 2025 Sep;54:101928.
17. [The Role of Dominant Spiritual and Religious Coping Modality on Psychological Predictors Among Nursing Students.](#) Al-Hammouri MM. *J Holist Nurs*. 2025 Sep;43(3):232-240.
18. [The role of positive spirituality in preventing child maltreatment and promoting resilience: a perspective on policy and practice.](#) Van Tuyl Van Serooskerken Rakotomalala S et al. *Front Public Health*. 2025 Sep 16;13:1656760.
19. [Trauma-informed yoga for positive mental health: A qualitative study.](#) Mulvihill T et al. *J Bodyw Mov Ther*. 2025 Sep; 43:435-442.

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