

Alcohol

Articles

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Reports

[Alcohol and drug misuse prevention, treatment and recovery guidance.](#)

Office for Health Improvement and Disparities (OHID); 2025.

<https://www.gov.uk/government/collections/alcohol-and-drug-misuse-prevention-and-treatment-guidance>

[Information and other resources to support commissioners, service providers and others providing alcohol and drug interventions. Change made: Added 'Co-occurring mental health and substance use: delivery framework'.]

Freely available online

[Barriers to Recovery: Overcoming obstacles to alcohol recovery in the UK.](#)

Institute of Alcohol Studies (IAS); 2025.

<https://www.ias.org.uk/wp-content/uploads/2025/11/Barriers-to-Recovery-Overcoming-obstacles-to-alcohol-recovery-in-the-UK.pdf>

[Alcohol-related harm continues to escalate in the United Kingdom (UK), with 2023 marking the highest number of alcohol-specific deaths recorded in England, and only 22% of those in need accessing specialist alcohol support. This report uses data from interviews with professionals working in addiction and alcohol harm reduction to describe and discuss the key obstacles currently faced by people entering and sustaining recovery across the UK and make recommendations for change.]

Freely available online

[A Healthier Future : a long-term vision to tackle alcohol harm in the UK](#)

Institute of Alcohol Studies (IAS); 2025.

<https://www.ias.org.uk/wp-content/uploads/2025/11/IAS-Long-term-vision-for-alcohol-harm.pdf>

[With the last UK alcohol strategy published in 2012 and alcohol deaths at an all-time high, the time for meaningful, evidence-based policy action is now. The limited commitments to prevent alcohol harm in the 10 Year Health Plan is driving calls for a standalone strategy to get to grips with the alcohol emergency. This document, developed by a broad range of experts in alcohol policy, research, and treatment, offers a blueprint for achieving long-term progress.]

Freely available online

Guidelines

[UK clinical guidelines for alcohol treatment.](#)

Office for Health Improvement and Disparities (OHID); 2025.

<https://www.gov.uk/government/consultations/uk-clinical-guidelines-for-alcohol-treatment>

[UK clinical guidelines recommending interventions for people with harmful patterns of drinking and alcohol dependence, supporting and promoting good practice. Change made: Added information about the consultation outcome, including details of the feedback received.]

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