

Current Awareness Bulletin – Spirituality and Mental Health – December 2025

1. ["God Did for Me What I Couldn't Do for Myself": Understanding Religiosity, Spirituality, and Locus of Control Among Black Americans Who Use Opioids.](#) Jester JK et al. *J Relig Health*. 2025 Dec; 64(6):4803-4823.
2. ["I want to live life, not just be in it!": a qualitative study on existential aspects of choosing to reduce or stop psychotropic medication.](#) Madsen Kvaløy S et al. *Int J Qual Stud Health Well-being*. 2025 Dec 31;20(1):2572509.
3. [An attitude of gratitude: How psychological and social resources mediate the protective effect of religiosity on depressive symptoms.](#) Lantz ED and Nadorff DK. *J Affect Disord*. 2026 Mar 15; 397:120851.
4. [Application of Stoic Philosophy Teachings in Nursing and Allied Health: A Scoping Review.](#) Boostani A et al. *SAGE Open Nurs*. 2025 Dec 23; 11:23779608251408240.
5. [Are Religious People Any Happier? Probing the Divine Relationship, Organizational Religiosity and the Role of Education and Income in the United States.](#) Upenieks L. *J Relig Health*. 2025 Dec; 64(6):4635-4660.
6. [California Pharmacists' Perspectives and Experiences with Prayer and Spiritual Conversations with Patients: An Exploratory Study.](#) Gavaza P et al. *J Relig Health*. 2025 Dec; 64(6):4875-4890.
7. [Clinical Nurses' Workplace Spirituality and Moral Resilience: A Correlational Study.](#) Liang N et al. *J Adv Nurs*. 2025 Dec 10.
8. [Comparing the Heaven's Gate "Exit Statements" to Traditional Suicide Notes.](#) Dean MC et al. *Suicide Life Threat Behav*. 2025 Dec;55(6):e70059.
9. [Dimensions of Hope as Mediators Between Negative Events and Recovery of Well-Being in Adults and Elderly.](#) Di Nuovo S et al. *Healthcare (Basel)*. 2025 Dec 12;13(24):3259.
10. [Discussing spiritual health in primary care and the HOPE tool - a survey of social prescribers.](#) Whitehead IO et al. *BMC Prim Care*. 2025 Dec 16; 26(1):399.
11. [Enhancing Mental Health Care Through Religious Beliefs: Insights and Future Directions.](#) Hu C. *J Psychiatr Ment Health Nurs*. 2025 Dec; 32(6):1337-1338.
12. [Exploring the Role of Spirituality and Religiosity in Medical Education in Brazil.](#) Santos MS et al. *J Relig Health*. 2025 Dec 17.
13. [Five Approaches to Religion and Spirituality in the Psychoanalytic Setting.](#) Pauker S. *Psychoanal Rev*. 2025 Dec;112(4):403-424.
14. [Insight Into the Role of Protestant Christianity in the Experience of Living With a Suicidal Relative: A Constructivist Grounded Theory Study.](#) Hennipman-Herweijer C et al. *J Psychiatr Ment Health Nurs*. 2025 Dec;32(6):1288-1300.
15. [Linking the religious and social environment to sexual minority mental health.](#) Todd NR et al. *Am J Community Psychol*. 2025 Dec;76(3-4):408-422.
16. [Mediating religious disputes about children's medical treatment: a qualitative study.](#) Lindsey J. *BMJ Paediatr Open*. 2025 Dec 7; 9(1):e003789.
17. [Mindfulness in nursing education: an integrative review.](#) Fenton A et al. *BMC Nurs*. 2025 Dec 9; 24(1):1473.

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18. ['Obviously, you can't outright ask': what are the barriers and facilitators to discussion of spiritual health within social prescribing? A study using semi-structured interviews.](#) Whitehead IO et al. *BMC Prim Care*. 2025 Dec 10.
19. [Preparedness as a Bridge: How Religious Coping Shapes Acceptance of Death in Dementia Caregiving.](#) Peeples LB et al. *Clin Gerontol*. 2025 Dec 12:1-12.
20. [Primal world beliefs support substance use disorder recovery: Impact on recovery capital and spirituality.](#) Bell JS et al. *J Prev Interv Community*. 2025 Dec;53(4):630-644.
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22. [Religious and Spiritual Coping Mediates the Association between Trait Extraversion and Cardiovascular Reactivity to Acute Psychological Stress.](#) O'Riordan A et al. *J Relig Health*. 2025 Dec; 64(6):4824-4846.
23. [Religious and spiritual struggles among adolescents who have experienced sexual abuse: Associations with trauma symptoms.](#) Jouriles EN et al. *Child Abuse Negl*. 2025 Dec;170:107766.
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27. [Spirituality, Culture and Job Satisfaction in the Holistic Assessment of Nurses' Well-Being at Work: A Cross-Sectional Survey Study.](#) Ličen S et al. *J Nurs Manag*. 2025 Dec 30;2025:4922972.
28. [The Integration of Islamic Psychology with Acceptance and Commitment Therapy \(ACT\).](#) Khan I et al. *Cult Med Psychiatry*. 2025 Dec; 49(4):1067-1086.
29. [The Role of Religion with Alcohol Use for Deaf and Hard of Hearing College Students in the United States.](#) Gannon CL et al. *J Relig Health*. 2025 Dec;64(6):4700-4715.

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