

## Research

### [6 Symptoms of Depression That May Raise Your Alzheimer's Risk](#)

Being depressed has been linked to an increased risk of developing Alzheimer's disease and other forms of dementia. Now [researchers have identified](#) six specific symptoms of depression in midlife that may be particularly strong risk factors for dementia in old age.

### [Your Driving Habits Could Predict Cognitive Decline](#)

Your driving patterns could be an early indicator of cognitive decline, a new study suggests. Identifying changing driving habits could predict impending dementia and help to keep older persons safe, the researchers say.

### [Shingles Vaccine Could Slow Dementia Progression](#)

The shingles vaccine may provide benefits to people who have dementia, by slowing the progression of disease, a [new study](#) suggests.

## Webinar

### [Beyond age-appropriate – tailoring services for the individual with young onset dementia and their family](#)

At this Young Dementia Network webinar on Wednesday 25th February 2026 from 12.30-1.30pm, Maud Ritzen will discuss how the needs of people with young onset dementia vary depending on dementia subtype, stage and living situation, how understanding this context shapes the types of support that is most needed and how these insights can be utilised in practice. Dr Suzanne Heron will then narrow the focus from a broad understanding of needs to actionable solutions for young onset dementia by exploring the concept of 'age-appropriate support' and what will enhance age and life stage appropriate care in the future.

## Blogs

### [CTAD 2025: Six highlights from the latest clinical trials in Alzheimer's disease](#)

Highlights from 2025's Clinical Trials in Alzheimer's Disease conference.

### [How people's voices are shaping trial of Alzheimer's blood test](#)

When it comes to dementia research, lived experience matters just as much as science. That's why people living with dementia and their carers are working side by side with researchers on the ADAPT Trial — a study exploring whether a new blood test could transform how Alzheimer's disease is diagnosed.

## News

### [UKDRI Connectome Poster Series Highlights](#)

This playlist brings together a series recordings featuring a researcher presenting their poster and sharing the ideas, methods and discoveries that drive their work. Across the series you will find studies on Alzheimer disease, Parkinson disease and related conditions, covering topics such as synaptic health, microglial biology, neuronal models, genetic risk, biomarker development, cellular pathways, imaging, technology for care and new analytical approaches.

### [UK DRI in 2025: A year of discovery, growth and impact](#)

From welcoming new leaders and launching major centres, to advancing discoveries in the lab and delivering impact in the clinic, our researchers continued to push the boundaries of what is possible in understanding, preventing and treating neurodegenerative conditions. Here, we reflect on some of the highlights from across the Institute.

### [Study finds 10% of over-70s in UK could have Alzheimer's-like changes in brain](#)

One in 10 people in the UK aged 70 and older could have Alzheimer's-like changes in their brain, according to the clearest, real-world picture of how common the disease's brain changes are in ordinary, older people. The detection of the proteins linked with the disease is not a diagnosis. But the findings indicate that more than 1 million over-70s would meet Nice's clinical criteria for anti-amyloid therapy – a stark contrast to the 70,000 people the NHS has estimated could be eligible if funding were available. Experts, including those from Alzheimer's Research UK, have said the [findings](#) from the first-ever population-based research into the disease have huge potential for early and accurate diagnosis.

### [Teaming up with British Deaf Association to support Deaf people affected by dementia](#)

People in the Deaf community will now be able to access dementia support more easily, thanks to a partnership between Alzheimer's Society and the [British Deaf Association](#). Alzheimer's Society have worked together to make support services, such as their [Dementia Support Line](#), more accessible. [A SignVideo option on our website](#) links the user up with a British Sign Language interpreter who can then live translate information from the Dementia Support Line team.