

Policies

[10 Year Capital Plan to rebuild NHS and bring care closer to home](#)

Government announces 10 Year Capital Plan to modernise NHS buildings, upgrade GP surgeries and bring more care closer to patients' homes.

[Unpaid carers action plan: recognise, refer, reach](#)

Unpaid carers are a diverse group with a wide range of experiences. They include children, working age adults and older people who may have their own health and care needs.

[New heart disease and strokes plan to save thousands of lives](#)

National framework launched to help reduce premature deaths from heart disease and strokes by a quarter over the next decade.

Guidance

[Preventing unlawful access to patient records](#)

A letter and supporting information from Sir James Mackey about preventing unlawful access to patient records.

[Mental health personalised care framework: the modern care programme approach](#)

This framework sets out the approach and related principles and actions for delivering personalised care for adults and older people with severe mental health problems.

[New UK CMO activity guidelines show every movement counts](#)

Updated UK Chief Medical Officers' physical activity guidelines find even small amounts of physical activity benefit health.

[NHS sets first-ever staff standards to tackle racism and violence](#)

New NHS staff standards will make employers accountable for tackling racism, violence and sexual harassment, with results published in league tables.

Reports

[One in five women attend A&E in the year after giving birth, with stark inequalities rooted long before pregnancy](#)

A new Nuffield Trust report shows that around one in five mothers attend A&E in the year after they give birth, while 6% have an emergency hospital admission. Black women, those from the most deprived areas, and those with mental health conditions are among more likely to receive emergency care.

[Social media restriction pilots: Qualitative research with 13 to 17-year-olds in the UK](#)

The Department for Science, Innovation and Technology (DSIT) commissioned Savanta to run a qualitative study exploring the impact of social media restrictions on young people aged 13 to 17.

[Up Next: Anorexia Algorithm](#)

How YouTube still recommends eating disorder videos to young girls.

Letters

[Publication of Baroness Amos' independent investigation into maternity and neonatal services in England](#)

Letter from Sir James Mackey, Chief Executive Officer.

Publications

[Keep Britain Working review update: June 2026](#)

June 2026 update on implementing the independent review of employers' role in tackling health based economic inactivity and promoting healthy and inclusive workplaces.

[What is happening to life expectancy in England?](#)

There have been two turning points in trends in life expectancy in England this century.

[Neighbourhood health: an international exploration](#)

Across England, neighbourhood health has become an increasingly prominent idea in the future of health and care.

Statistics

[Impact of drug and alcohol treatment on reoffending](#)

Analysis of offending and reoffending by people in community drug and alcohol treatment in England, using linked NDTMS and Police National Computer data.

Statements

[Flu vaccines 2027 to 2028: JCVI advice, 16 July 2026](#)

Statement from the Joint Committee on Vaccination and Immunisation (JCVI) about vaccines for the 2027 to 2028 influenza season.

[COVID-19 vaccination in autumn 2027: JCVI advice](#)

Statement setting out advice from the Joint Committee on Vaccination and Immunisation (JCVI) on the COVID-19 vaccination programme for autumn 2027.

Consultations

[Tobacco and vapes: packaging, appearance and display](#)

We are seeking views on proposals to regulate tobacco, vaping and nicotine products under the Tobacco and Vapes Act.

Podcasts

[Children's Mental Health: Listen Up! Understanding psychosis in children and young people](#)

In this episode of Children's Mental Health: Listen Up!, hosts Dr Elaine Lockhart and Dr Asilay Sekar are joined by Dr Guy Northover, Chair of the Child and Adolescent Faculty at the Royal College of Psychiatrists, to explore psychosis in children and young people.

[Leading with lived experience to support better mental health for all](#)

Andy Bell welcomes three brilliant guests to explore how to tackle mental health inequalities from the perspective of people with lived experience.

Blogs

[Annual Report 2025–26: Why patient voice matters now more than ever](#)

I wanted to use this opportunity to reflect on the progress we have made but also the challenges that remain. As I look back, one theme stands out above all others: when we listen to patients, we make healthcare safer.

[Children's and Young People's Mental Health Services: 2024-25](#)

As I enter my final year as Children's Commissioner, one thing is clear: before we make decisions that affect young people, we need to listen to young people. Children's mental health is no exception.

[Improving maternal and infant outcomes and reducing inequalities](#)

Reviews of maternity services have repeatedly exposed poor-quality care and unacceptable failures during pregnancy and childbirth. Improving maternity services and ensuring that timely, high quality, compassionate and safe care is the norm must become an urgent NHS priority.

[The mental health strategy depends on community trust, so the funding should follow](#)

There is a room in Lambeth, inside a small charity that has stood on the same street for years. The young man has known it most of his life. He knows the people who work there, and they know him. Today is the first time he steps inside to talk about what he has been carrying alone.

[One year on, is the NHS 10 Year Health Plan being delivered?](#)

One year ago, the Prime Minister, Chancellor, and Health and Care Secretary stood up in a light-filled room at the Sir Ludwig Guttman Health Centre in East London and launched the NHS 10 Year Health Plan.

[Lived Experience Network Member Blog – Beyond Access: The Hidden Barriers Within Mental Health Services](#)

When we talk about improving mental health services, access is often presented as the main challenge. We hear discussions about waiting lists, referral pathways, eligibility criteria, and service availability. These are important issues, but they are only part of the story.

[Weight-loss jabs may create a new kind of yo-yo dieting](#)

For many people living with obesity, newer weight-loss medicines such as Wegovy and Mounjaro have been transformative.

[Representing real lives: the case for better mental health reporting](#)

There is an emerging problem within the media that needs to be discussed. One in which reporting is reinforcing stigma around mental health.

News

[UK's first maternity and neonatal commissioner to be appointed](#)

New commissioner and extra funding announced to make maternity and neonatal care safer, fairer and more consistent across England.

[BPS responds to Independent Investigation into Maternity and Neonatal Services in England](#)

The National Maternity and Neonatal Investigation has published its final report Independent Investigation into Maternity and Neonatal Services in England. Here, the BPS's DCP Faculty of Perinatal Psychology's committee give their thoughts on the report's findings and recommendations.

[Introducing State of Child Health 2026 - President's update](#)

This week, we launched our State of Child Health 2026 report, bringing together the latest evidence across 12 indicators of child health and wellbeing.

[MPs' offices acting as 'hidden mental health service', research reveals](#)

New research from Rethink Mental Illness uncovers the scale of mental health-related casework carried out by parliamentary staffers to support struggling constituents.

[CQC finds too much variation in people's experiences of adult social care in first-ever national assessment programme](#)

The Care Quality Commission (CQC) has today published a report titled Local Authority Assessments 2023–2026: Emerging Themes and Findings drawing together findings from the first-ever national programme of assessments of local authorities in England.

[New study finds mental health treatment for serious offenders could reduce harm to society and save money](#)

Prisoners convicted of serious violent offences were found to be less aggressive and less likely to reoffend following a mental health intervention which could save money and reduce harm to society, according to new research led by King's College London.

[Picker's response to 'Informing the mental health strategy for England'](#)

Picker submitted this response to the UK Government's call for evidence to help inform the development of a new Mental Health Strategy for England.

[Mental health personalised care framework welcomed by RCPsych](#)

Today, NHS England has published the Mental health personalised care framework: the modern care programme approach. The framework outlines the approach needed to deliver tailored care for adults who have a severe mental illness.

[1 in 20 people affected by eating disorders in UK, new figures show](#)

An estimated 1 in 20, or 3.5 million people in the UK are now affected by an eating disorder according to new prevalence statistics released by Beat, the UK's eating disorder charity.

[New eating disorder figures 'extremely concerning' says RCPsych](#)

The charity Beat has published new figures which estimate that 1 in 20 people are now affected by an eating disorder.

[PIP system traps people experiencing mental illness in "vicious cycle" of recovery and relapse, new report warns](#)

New evidence from Rethink Mental Illness highlights how the current design of the PIP system is causing harm.

[Experts raise the alarm over rise in use of AI for mental health support over traditional services](#)

New research commissioned by mental health charity Mind finds people are using AI chatbots to support their mental health and wellbeing instead of more formal support like talking therapies.

[Centre for Mental Health and InHealth Associates highlight risks of AI self-help tools](#)

Patient empowerment expert David Gilbert has sought help and advice from AI for his own mental health problems.

[Government and Joe Wicks support families to stay active](#)

Families across the country are being encouraged to help children stay active over the summer holidays.

[Evaluating and learning from the Building Brighter Futures programme](#)

Working in partnership with Centre for Mental Health to evaluate the progress of the Building Better Futures programme and learning what works for children, young people and their families.

[Ministers launch crackdown on vapes targeting kids](#)

Ministers have launched a crackdown on vapes marketed at kids with a shift to plain white packaging.

[Children's health further protected with energy drinks ban](#)

The government will ban the sale of high-caffeine energy drinks to under 16s in England from April 2027.

[Digital curfew is one step on the path to wider reform](#)

The UK government has shared plans for 'digital curfew' measures for 16 and 17-year olds, meaning that their default settings will restrict social media use between midnight and 6.00am, although it is optional and can be switched off.

[NHS accelerates artificial intelligence rollout to cut waiting times and improve care for millions](#)

A major rollout of new artificial intelligence (AI) tools across the NHS is being accelerated to help cut waiting lists and improve care for millions of patients.

[The UK and the EU Drugs Agency sign a working arrangement](#)

Government signs a working arrangement with the EU Drugs Agency to protect public health and reduce drug harms.

[Co-production, co-design...it's the 'co' that matters](#)

To mark the week, we have published some insights from our Learning and Development programme.