

Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.

Studies

[Substance Use and Suicidality in People at Ultra-High-Risk of Psychosis: A Systematic Review](#)

At present, there is insufficient high-quality evidence to establish a reliable association between substance use and suicidality in individuals at UHR for psychosis. Rigorous longitudinal studies using validated, substance-specific measures are needed to better understand these relationships and inform risk assessment and early intervention.

[Exploring Parent Support Needs During and After Adolescent Suicide Crisis Emergency Department Visits: A Qualitative Investigation](#)

These findings provide a preliminary indication of the support parents need and what resources may need to be developed to educate and support parents, which could be integrated into the ED procedures. Improving the way in which parents are supported to care for their adolescent child may help reduce recurrent adolescent suicide attempts and improve parental wellbeing so they can more effectively care for their adolescent child.

[Machine Learning Model for Predicting Suicide Risks Among Patients With Posttraumatic Stress Disorder Who Received Opioids](#)

Our SPM performed well in internal and external validations. It may serve as a feasible tool to identify patients at risk of suicide, helping prioritize preventive interventions, and enabling providers to allocate time and resources more efficiently to patients who may benefit from closer follow-up.

[Suicide Attempt by Dual Ethylene Glycol and Rat Poison Ingestion: Case Report](#)

Toxicologic, neurologic, and psychiatric factors contributed to the complex course of assessment and treatment after the presented patient's suicide attempt. This case serves as an example of treatment modalities and psychosocial considerations of care that may serve to help guide care for similar patients in the future.

[The Effectiveness of Dialectical Behavior Therapy in Reducing Self-Directed Violence and Suicidality in Usual Care Settings: A Meta-Analysis](#)

In uncontrolled studies, DBT was associated with a large reduction in SDV and medium reductions in CSU and SI. In controlled studies, DBT demonstrated a significant effect for SDV but not for CSU or SI.

[Family environment, adolescent nonsuicidal self-injury, and suicidality: Gendered roles of life satisfaction and growth mindset](#)

The study highlighted the protective mechanisms of positive family environments and life satisfaction on NSSI and suicidality, alongside heterogeneous moderation of growth mindset across genders.

[Prevalence and risk factors for suicidal intent in pregnancy and after birth](#)

These findings indicate that daily difficulties associated with mental health, and negative feelings about pregnancy are important and underexplored risk factors for experiencing suicidal intent. The findings also corroborate previous research indicating that previous and existing mental health problems and ethnicity are significant risk factors.

[Case Report of Hemomania: Recurrent Bloodletting and Blood Consumption From Self and Others](#)

Although rare, recurrent bloodletting and blood consumption behaviors described under the proposed term hemomania can be potentially life-threatening and are associated with significant psychiatric comorbidities. This case underscores the need for careful differential diagnosis, empathic engagement, and individualized treatment planning. Broader clinical awareness and future research are essential to better understanding and treating this emerging behavioral syndrome.

News

[Online Safety Act inquiry launched by Committee](#)

The Communications and Digital Committee has launched a new inquiry into the implementation, enforcement and impact of the Online Safety Act.

[Nurse lied to manager after 'fabulous' girl, 22, died on her watch](#)

Amy Barber was meant to be observed every five minutes yet Laurence Tchapong left her unattended for more than 24 minutes before lying to her boss.